



The Best Yellow Cupcakes

READY IN



45 min.

SERVINGS



28

CALORIES



175 kcal

DESSERT

Ingredients

- ☐ 4.5 teaspoons double-acting baking powder
- ☐ 12 ounces cake flour
- ☐ 2 large egg yolks
- ☐ 4 large eggs
- ☐ 2 cups granulated sugar
- ☐ 1.3 cups regular milk mixed with lemon juice**
- ☐ 0.5 teaspoon salt
- ☐ 8 ounces butter unsalted at room temperature
- ☐ 2 teaspoons vanilla extract

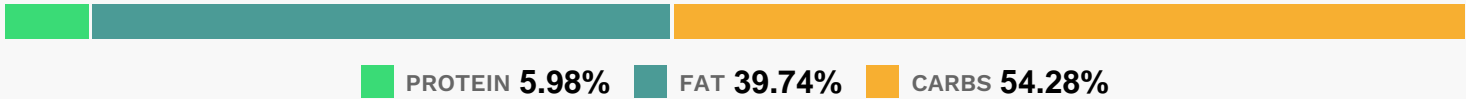
Equipment

- ☐ bowl
- ☐ oven
- ☐ whisk
- ☐ blender
- ☐ stand mixer
- ☐ muffin liners

Directions

- ☐ Preheat the oven to 350° F. Line about 30 muffin cups with paper liners.
- ☐ Whisk the eggs, yolks, vanilla and ¼ cup of the milk together in a small bowl.In the bowl of a stand mixer fitted with a paddle, combine the flour, sugar, baking powder and salt, and mix on low for about 30 seconds.
- ☐ Add the butter and the remaining 1 cup of milk to the flour mixture and with the mixer on low, blend together. Raise the mixer speed to medium and beat until light and fluffy, about 2 minutes.With the mixer still on medium, add the egg mixture in 3 additions, scraping down the side of the bowl and mixing only until thoroughly incorporated. Divide the batter among the cups filling them about 2/3 of the way full. Make sure not to use too much or you'll get big rims.
- ☐ Bake for 18–25 minutes or until cupcakes are brown around the edges and spring back when touched.

Nutrition Facts



Properties

Glycemic Index:8.18, Glycemic Load:15.84, Inflammation Score:-2, Nutrition Score:2.7547826430072%

Flavonoids

Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg Hesperetin: 1.58mg, Hesperetin: 1.58mg, Hesperetin: 1.58mg, Hesperetin: 1.58mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 174.62kcal (8.73%), Fat: 7.84g (12.07%), Saturated Fat: 4.53g (28.34%), Carbohydrates: 24.11g (8.04%), Net Carbohydrates: 23.78g (8.65%), Sugar: 14.64g (16.27%), Cholesterol: 57.1mg (19.03%), Sodium: 121.81mg (5.3%), Alcohol: 0.1g (100%), Alcohol %: 0.23% (100%), Protein: 2.66g (5.31%), Selenium: 7.88µg (11.25%), Vitamin A: 259.39IU (5.19%), Vitamin C: 4.22mg (5.11%), Manganese: 0.1mg (5.1%), Calcium: 47.96mg (4.8%), Phosphorus: 47.58mg (4.76%), Vitamin B2: 0.05mg (3.16%), Folate: 11.56µg (2.89%), Vitamin E: 0.36mg (2.39%), Vitamin B5: 0.22mg (2.22%), Vitamin D: 0.33µg (2.2%), Iron: 0.36mg (1.98%), Vitamin B12: 0.1µg (1.68%), Copper: 0.03mg (1.63%), Zinc: 0.24mg (1.59%), Vitamin B6: 0.03mg (1.31%), Fiber: 0.33g (1.3%), Magnesium: 4.98mg (1.24%), Vitamin B1: 0.02mg (1.18%), Potassium: 37.34mg (1.07%)