



The Big Texan Bourbon-and-Grapefruit Cocktail



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



5

CALORIES



29 kcal

BEVERAGE

DRINK

Ingredients

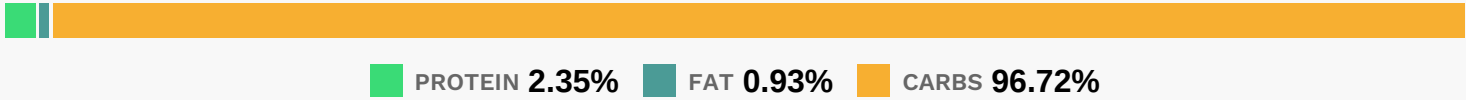
- ☐ 2 basil leaves
- ☐ 1.5 ounces bourbon
- ☐ 1 grapefruit and preserved cherry for garnish
- ☐ 2 tablespoons grapefruit juice fresh
- ☐ 5 servings ice cubes
- ☐ 0.5 tablespoon simple syrup glaze

Equipment

Directions

- ☐ In a cocktail shaker, combine the grapefruit juice, bourbon, simple syrup and basil. Fill a chilled rocks glass with ice.
- ☐ Add 5 ice cubes to the shaker and shake well. Strain the drink into the ice-filled rocks glass.
- ☐ Garnish with the grapefruit slice and cherry.

Nutrition Facts



Properties

Glycemic Index:31, Glycemic Load:0.37, Inflammation Score:-1, Nutrition Score:0.29695652700637%

Flavonoids

Cyanidin: 0.48mg, Cyanidin: 0.48mg, Cyanidin: 0.48mg, Cyanidin: 0.48mg Peonidin: 0.02mg, Peonidin: 0.02mg, Peonidin: 0.02mg, Peonidin: 0.02mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 0.08mg, Epicatechin: 0.08mg, Epicatechin: 0.08mg, Epicatechin: 0.08mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 28.83kcal (1.44%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0%), Carbohydrates: 2.39g (0.8%), Net Carbohydrates: 2.35g (0.85%), Sugar: 2.33g (2.59%), Cholesterol: 0mg (0%), Sodium: 4.17mg (0.18%), Alcohol: 2.84g (100%), Alcohol %: 4.85% (100%), Protein: 0.06g (0.12%), Vitamin C: 1.75mg (2.13%)