

The Chihuahua



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



130 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



0.7 cup ruby grapefruit juice red



1 Dash hot sauce



1 tablespoon juice of lime fresh



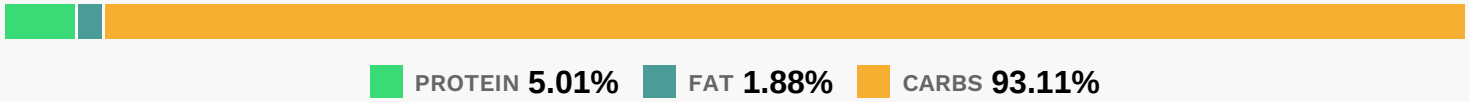
0.3 cup blanco tequila white such as Sauza Blanco

Equipment

Directions

- ☐
- Rub rim of a chilled margarita glass with lime wedge, and dip rim in salt to coat, if desired.
- ☐
- Combine all ingredients in a cocktail shaker, add ice, and shake well.
- ☐
- Serve over ice in prepared glass.

Nutrition Facts



Properties

Glycemic Index:31.5, Glycemic Load:4.15, Inflammation Score:-3, Nutrition Score:1.910869565428%

Flavonoids

Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg Hesperetin: 0.67mg, Hesperetin: 0.67mg, Hesperetin: 0.67mg, Hesperetin: 0.67mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 130.47kcal (6.52%), Fat: 0.08g (0.13%), Saturated Fat: 0g (0%), Carbohydrates: 9.36g (3.12%), Net Carbohydrates: 9.26g (3.37%), Sugar: 8.78g (9.76%), Cholesterol: 0mg (0%), Sodium: 3.44mg (0.15%), Alcohol: 13.36g (100%), Alcohol %: 13.42% (100%), Protein: 0.5g (1.01%), Vitamin C: 23.45mg (28.42%), Potassium: 137.09mg (3.92%), Magnesium: 8.47mg (2.12%), Iron: 0.34mg (1.88%), Vitamin B3: 0.25mg (1.26%), Phosphorus: 11.31mg (1.13%)