



The Curly and The Turk



Gluten Free



Dairy Free



Low Fod Map

READY IN



20 min.

SERVINGS



1

CALORIES



981 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 20 chili peppers dried whole
- ☐ 2 dashes angostura bitters
- ☐ 0.8 ounce pepper flakes
- ☐ 1 serving ice crushed
- ☐ 0.8 ounces curacao blue
- ☐ 1 cup hibiscus petals dried
- ☐ 1.5 ounces hendrick's gin
- ☐ 1.5 tablespoons hot sauce red such as yucateca habanero

- ☐ 1 ounce juice of lemon freshly squeezed
- ☐ 1 cup sugar
- ☐ 1 cup water

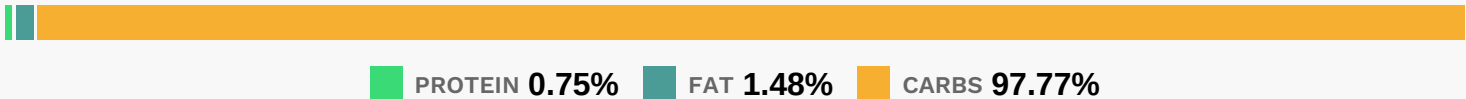
Equipment

- ☐ sieve
- ☐ cheesecloth
- ☐ popsicle sticks

Directions

- ☐ To make chile-hibiscus syrup: Bring water, sugar, hibiscus, and chiles to a boil for one minute.
- ☐ Remove from heat and allow to steep for 15 minutes. Stir in hot sauce. Strain through a fine mesh strainer or cheesecloth. Seal and keep refrigerated for up to a week.
- ☐ To make cocktail: pour chile-hibiscus syrup into the bottom of a tall glass, then fill 2/3 full with crushed ice. Fill a cocktail shaker with ice, add gin, curacao, bitters, and lemon juice. Shake.
- ☐ Slowly strain gin and curacao mixture over the ice, so that it floats over syrup. Top with additional crushed ice and insert two tall straws directly in the middle of the glass to replicate popsicle sticks.

Nutrition Facts



Properties

Glycemic Index:130.09, Glycemic Load:140.32, Inflammation Score:-10, Nutrition Score:11.416086839593%

Flavonoids

Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 981.04kcal (49.05%), Fat: 1.45g (2.24%), Saturated Fat: 0.11g (0.7%), Carbohydrates: 216.53g (72.18%), Net Carbohydrates: 213.19g (77.52%), Sugar: 209.8g (233.11%), Cholesterol: 0mg (0%), Sodium: 550.45mg (23.93%), Alcohol: 21.48g (100%), Alcohol %: 3.32% (100%), Protein: 1.65g (3.31%), Vitamin C: 59.25mg (71.82%), Vitamin A: 3584.81IU (71.7%), Vitamin K: 14.26µg (13.59%), Fiber: 3.33g (13.33%), Vitamin B2: 0.2mg (11.69%), Vitamin B6: 0.23mg (11.63%), Potassium: 364.91mg (10.43%), Manganese: 0.15mg (7.52%), Iron: 1.25mg (6.92%), Vitamin B3: 1.31mg (6.53%), Magnesium: 25.84mg (6.46%), Copper: 0.12mg (6.06%), Folate: 19.2µg (4.8%), Calcium: 38.79mg (3.88%), Vitamin E: 0.53mg (3.51%), Phosphorus: 33.52mg (3.35%), Vitamin B1: 0.04mg (2.65%), Selenium: 1.68µg (2.41%), Zinc: 0.35mg (2.32%), Vitamin B5: 0.2mg (1.97%)