

The Fabulous



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



118 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



3 fluid ounces club soda



1 cup ice cubes



1 fluid ounce lemon-lime soda



1 lime twist



1.3 fluid ounces raspberry vodka

Equipment

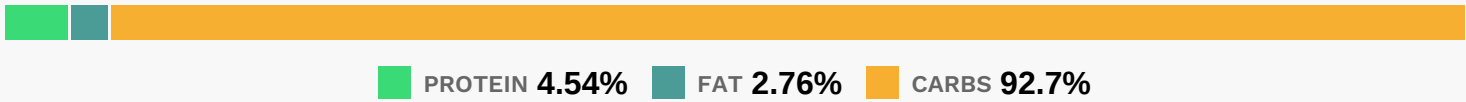


drinking straws

Directions

☐ Fill a rocks glass with ice, and pour in the vodka, club soda, and lemon–lime soda. Top with a lime twist and serve with a straw.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:1.65, Inflammation Score:–3, Nutrition Score:2.5221738815308%

Flavonoids

Hesperetin: 28.81mg, Hesperetin: 28.81mg, Hesperetin: 28.81mg, Hesperetin: 28.81mg Naringenin: 2.28mg, Naringenin: 2.28mg, Naringenin: 2.28mg, Naringenin: 2.28mg Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg

Nutrients (% of daily need)

Calories: 117.61kcal (5.88%), Fat: 0.13g (0.21%), Saturated Fat: 0.01g (0.09%), Carbohydrates: 10.12g (3.37%), Net Carbohydrates: 8.24g (3%), Sugar: 4.15g (4.61%), Cholesterol: 0mg (0%), Sodium: 35.13mg (1.53%), Alcohol: 12.35g (100%), Alcohol %: 3.41% (100%), Caffeine: 4.44mg (1.48%), Protein: 0.5g (0.99%), Vitamin C: 19.5mg (23.63%), Fiber: 1.88g (7.5%), Copper: 0.09mg (4.52%), Calcium: 34.23mg (3.42%), Iron: 0.42mg (2.34%), Potassium: 70.78mg (2.02%), Magnesium: 7.57mg (1.89%), Vitamin B1: 0.02mg (1.46%), Vitamin B5: 0.15mg (1.45%), Vitamin B6: 0.03mg (1.44%), Phosphorus: 13.91mg (1.39%), Folate: 5.36µg (1.34%), Zinc: 0.19mg (1.26%)