



## The Fine Feller Cocktail

 Vegetarian  Gluten Free  Dairy Free

READY IN



15 min.

SERVINGS



1

CALORIES



2278 kcal

BEVERAGE

DRINK

### Ingredients

- 0.8 ounce apple cider
- 0.8 ounce honey
- 1 serving lemon zest for garnish
- 2 cups honey raw
- 2 ounces irish whiskey
- 0.8 ounce freshly tea chilled brewed
- 2 cups water

### Equipment

# Directions

- For the Syrup: Bring water to a boil and add pine needles.
- Remove from heat, steep pine needles for 10 minutes. Stir in honey to dissolve, allow to cool, and strain. Syrup can be stored in a sealed container in the refrigerator for up to 1 week.
- For the Cocktail: combine rye, evergreen honey syrup, apple cider, and brewed tea in a highball or copper mug.
- Add crushed ice, stir gently to mix. Squeeze lemon peel over the top.

# Nutrition Facts

**PROTEIN 0.37%** **FAT 0.01%** **CARBS 99.62%**

## Properties

Glycemic Index:160.3, Glycemic Load:301.43, Inflammation Score:1, Nutrition Score:6.8673912713547%

## Flavonoids

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## Nutrients (% of daily need)

Calories: 2277.59kcal (113.88%), Fat: 0.03g (0.04%), Saturated Fat: 0.01g (0.03%), Carbohydrates: 578.75g (192.92%), Net Carbohydrates: 577.28g (209.92%), Sugar: 576.2g (640.23%), Cholesterol: 0mg (0%), Sodium: 53.13mg (2.31%), Alcohol: 20.41g (100%), Alcohol %: 2.03% (100%), Caffeine: 4.25mg (1.42%), Protein: 2.12g (4.24%), Manganese: 0.63mg (31.31%), Copper: 0.34mg (17.01%), Iron: 2.98mg (16.55%), Vitamin B2: 0.27mg (16.06%), Potassium: 393.85mg (11.25%), Zinc: 1.61mg (10.71%), Vitamin B6: 0.17mg (8.6%), Selenium: 5.62µg (8.02%), Fiber: 1.46g (5.85%), Calcium: 58.12mg (5.81%), Magnesium: 20.45mg (5.11%), Vitamin B5: 0.49mg (4.89%), Vitamin C: 3.95mg (4.78%), Vitamin B3: 0.89mg (4.45%), Folate: 15.07µg (3.77%), Phosphorus: 31.4mg (3.14%)