



The for These Brown Sugar Chocolate Chip Cookies Comes From Martha's Daughter Alexis

READY IN



45 min.

SERVINGS



50

CALORIES



196 kcal

DESSERT

Ingredients

- 1 pound butter unsalted plus more for baking sheets room temperature (4 sticks)
- 3 cups brown sugar packed
- 1 cup granulated sugar
- 4 large eggs
- 2 teaspoons vanilla extract pure
- 3.5 cups flour all-purpose
- 1.5 teaspoons salt

- 2 teaspoons baking soda
- 1.5 cups chocolate chips

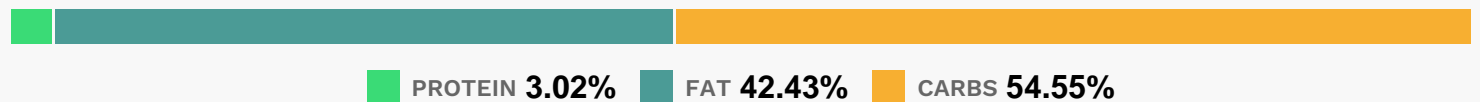
Equipment

- frying pan

Directions

- Soft and Chewy Chocolate Chip Cookies
- Five-Ingredient Chocolate Chip Cookies
- Martha's Chocolate Chip Cookies
- Oatmeal Chocolate Chip Cookies
- Chocolate-Chip Skillet Cookie

Nutrition Facts



Properties

Glycemic Index:2.9, Glycemic Load:7.62, Inflammation Score:-2, Nutrition Score:2.1760869492655%

Nutrients (% of daily need)

Calories: 195.64kcal (9.78%), Fat: 9.38g (14.43%), Saturated Fat: 5.76g (36.02%), Carbohydrates: 27.14g (9.05%), Net Carbohydrates: 26.9g (9.78%), Sugar: 19.95g (22.16%), Cholesterol: 34.38mg (11.46%), Sodium: 124.14mg (5.4%), Alcohol: 0.05g (100%), Alcohol %: 0.16% (100%), Protein: 1.5g (3%), Selenium: 4.47µg (6.38%), Vitamin A: 248.31IU (4.97%), Vitamin B1: 0.07mg (4.72%), Folate: 18.3µg (4.57%), Vitamin B2: 0.07mg (3.85%), Manganese: 0.07mg (3.52%), Iron: 0.57mg (3.19%), Vitamin B3: 0.54mg (2.69%), Calcium: 20.64mg (2.06%), Phosphorus: 20.08mg (2.01%), Vitamin E: 0.26mg (1.72%), Potassium: 50.38mg (1.44%), Vitamin D: 0.22µg (1.44%), Vitamin B5: 0.13mg (1.27%), Copper: 0.02mg (1.18%)