

The Gold Rush



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



178 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

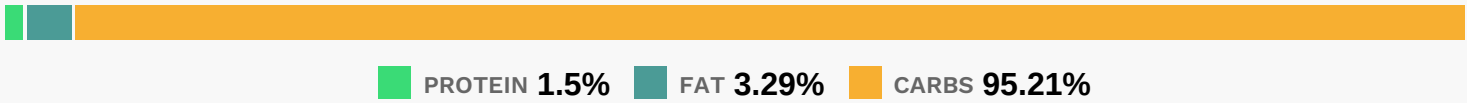
- ☐ 0.3 cup apple juice frozen thawed
- ☐ 4 teaspoons calvados
- ☐ 4 teaspoons juice of lemon fresh
- ☐ 0.5 cup vodka

Equipment

Directions

Combine vodka, apple juice concentrate, Calvados, and lemon juice in cocktail shaker; addice. Cover and shake well. Strain into Martini glasses and serve.

Nutrition Facts



Properties

Glycemic Index:35.38, Glycemic Load:1.4, Inflammation Score:-3, Nutrition Score:0.59304348800493%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg Epicatechin: 1.46mg, Epicatechin: 1.46mg, Epicatechin: 1.46mg, Epicatechin: 1.46mg Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg Hesperetin: 1.45mg, Hesperetin: 1.45mg, Hesperetin: 1.45mg, Hesperetin: 1.45mg Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.22mg, Quercetin: 0.22mg, Quercetin: 0.22mg, Quercetin: 0.22mg

Nutrients (% of daily need)

Calories: 178.16kcal (8.91%), Fat: 0.06g (0.1%), Saturated Fat: 0.01g (0.07%), Carbohydrates: 4.19g (1.4%), Net Carbohydrates: 4.1g (1.49%), Sugar: 3.23g (3.59%), Cholesterol: 0mg (0%), Sodium: 2.04mg (0.09%), Alcohol: 23.38g (100%), Alcohol %: 26.7% (100%), Protein: 0.07g (0.13%), Vitamin C: 4.15mg (5.03%), Manganese: 0.03mg (1.3%), Potassium: 42.41mg (1.21%)