

The Golden Apple



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



30

CALORIES



75 kcal

BEVERAGE

DRINK

Ingredients

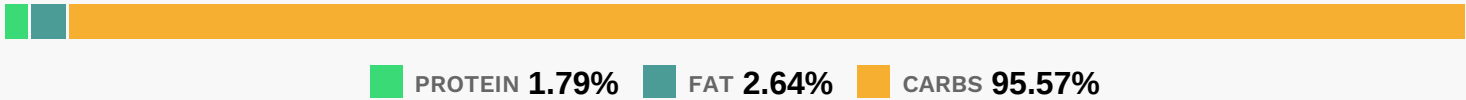
- ☐ 1 slices garnish: apple red
- ☐ 1 pint calvados
- ☐ 2 bottles sparkling cider
- ☐ 1 pint vodka

Equipment

Directions

- ☐
- Into each glass, pour 1 tablespoon vodka and 1 tablespoon Calvados over ice.
- ☐
- Add sparkling cider to fill and a red apple slice.

Nutrition Facts



Properties

Glycemic Index:2.07, Glycemic Load:0.13, Inflammation Score:-1, Nutrition Score:0.094782607548911%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 0.27mg, Epicatechin: 0.27mg, Epicatechin: 0.27mg, Epicatechin: 0.27mg Epigallocatechin 3–gallate: 0.01mg, Epigallocatechin 3–gallate: 0.01mg, Epigallocatechin 3–gallate: 0.01mg, Epigallocatechin 3–gallate: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 74.79kcal (3.74%), Fat: 0.01g (0.01%), Saturated Fat: 0g (0.01%), Carbohydrates: 0.5g (0.17%), Net Carbohydrates: 0.42g (0.15%), Sugar: 0.38g (0.42%), Cholesterol: 0mg (0%), Sodium: 0.35mg (0.02%), Alcohol: 10.54g (100%), Alcohol %: 37.9% (100%), Protein: 0.01g (0.02%)