

The Kosher Cosmo



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



162 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

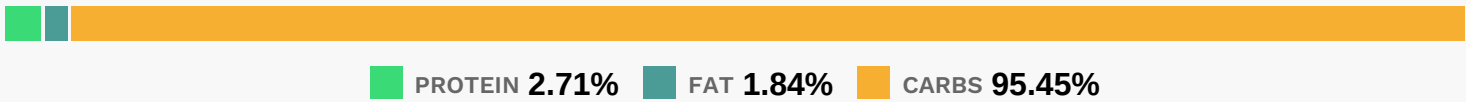
- ☐ 0.3 cup 1/4 cup dried cranberry (juice sweetened if possible)
- ☐ 1 measure fruit cocktail
- ☐ 8 ice cubes
- ☐ 1 serving lime for garnish (optional,)
- ☐ 0.3 oz juice of lime fresh sweetened
- ☐ 0.3 oz triple sec
- ☐ 1.3 oz vodka

Equipment

Directions

- ☐ Save Recipe
- ☐ Print Recipe
- ☐ The Kosher Cosmo
- ☐ Ingredients1/4 cup cranberry juice1 1/4 oz lemon or citrus vodka1/4 oz sweetened lime juice or fresh lime juice1/4 oz triple sec8 ice cubes
- ☐ Lime twist (optional, for garnish)You will also need
- ☐ Cocktail shaker, jigger/measure, martini glass
- ☐ Total Time: 5 Minutes
- ☐ Servings: 1 cocktail
- ☐ Kosher Key: Pareve

Nutrition Facts



Properties

Glycemic Index:158, Glycemic Load:7.86, Inflammation Score:-3, Nutrition Score:2.5221738944883%

Flavonoids

Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg Hesperetin: 3.65mg, Hesperetin: 3.65mg, Hesperetin: 3.65mg, Hesperetin: 3.65mg Naringenin: 0.26mg, Naringenin: 0.26mg, Naringenin: 0.26mg, Naringenin: 0.26mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 161.94kcal (8.1%), Fat: 0.15g (0.24%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 17.95g (5.98%), Net Carbohydrates: 17.22g (6.26%), Sugar: 16.35g (18.17%), Cholesterol: 0mg (0%), Sodium: 10.73mg (0.47%), Alcohol: 13.68g (100%), Alcohol %: 6.28% (100%), Protein: 0.51g (1.02%), Vitamin C: 10.89mg (13.2%), Vitamin E: 1.01mg (6.75%), Copper: 0.1mg (4.83%), Vitamin K: 4.46µg (4.25%), Manganese: 0.07mg (3.41%), Vitamin B6: 0.06mg (3.06%), Potassium: 106.1mg (3.03%), Fiber: 0.73g (2.92%), Vitamin A: 127.78IU (2.56%), Magnesium: 8.33mg (2.08%), Iron: 0.34mg (1.91%), Phosphorus: 17.55mg (1.76%), Vitamin B2: 0.03mg (1.51%), Calcium: 14.45mg (1.45%), Vitamin B1: 0.02mg (1.31%), Vitamin B3: 0.26mg (1.3%)