



## The Mudslide Cocktail

 Gluten Free

READY IN



5 min.

SERVINGS



1

CALORIES



367 kcal

BEVERAGE

DRINK

### Ingredients

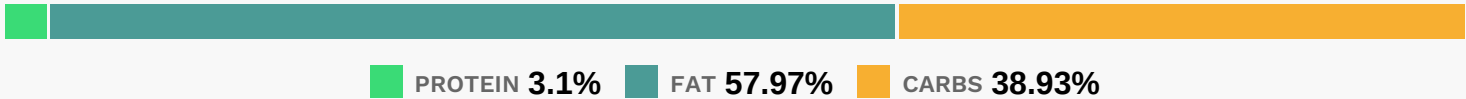
- ☐ 1 fluid ounce coffee-flavored liqueur kahlua® (such as )
- ☐ 1 fluid ounce heavy cream
- ☐ 1 cup ice cubes
- ☐ 1 fluid ounce irish cream liqueur
- ☐ 1 fluid ounce vodka

### Equipment

# Directions

- ☐ Fill an old-fashioned glass with 1 cup ice.
- ☐ Combine vodka, coffee liqueur, Irish cream, and heavy cream in a cocktail shaker.
- ☐ Add ice; cover and shake until chilled. Strain into the prepared old-fashioned glass.

# Nutrition Facts



# Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:1.3839130379745%

# Nutrients (% of daily need)

Calories: 366.96kcal (18.35%), Fat: 14.61g (22.47%), Saturated Fat: 9.2g (57.48%), Carbohydrates: 22.07g (7.36%), Net Carbohydrates: 22.07g (8.03%), Sugar: 20.62g (22.91%), Cholesterol: 33.43mg (11.14%), Sodium: 22.5mg (0.98%), Alcohol: 20.28g (100%), Alcohol %: 7.24% (100%), Protein: 1.76g (3.51%), Vitamin A: 434.68IU (8.69%), Vitamin B2: 0.06mg (3.39%), Vitamin D: 0.47µg (3.15%), Calcium: 26.61mg (2.66%), Copper: 0.04mg (2.2%), Phosphorus: 18.63mg (1.86%), Vitamin E: 0.27mg (1.81%), Selenium: 0.89µg (1.27%), Magnesium: 4.44mg (1.11%)