



The Old Pappy Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



304 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 dashes angostura bitters fee brothers® such as
- ☐ 1 serving ice cubes
- ☐ 1 maraschino cherry
- ☐ 1 cranberry-orange relish
- ☐ 1 dash simple syrup glaze
- ☐ 1 fluid ounce soda water
- ☐ 3 fluid ounces clear whiskey kings county distillery® such as Moonshine
- ☐ 0.5 fluid ounce mix sour

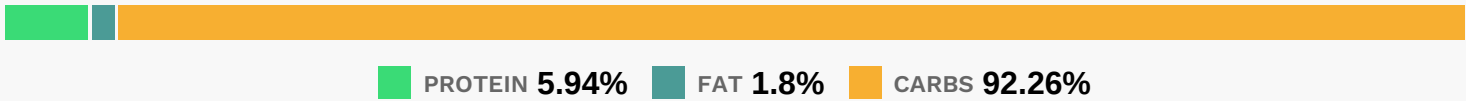
☐ 0.5 fluid ounce mix sour

Equipment

Directions

- ☐ Place cherry, orange slice, bitters, and simple syrup into highball glass; muddle. Fill glass with ice.
- ☐ Pour whiskey and sour mix into glass. Cover glass with a shaker; shake until chilled, about 30 seconds.
- ☐ Pour cocktail and ice back into the highball glass; top with soda water.

Nutrition Facts



Properties

Glycemic Index:57.5, Glycemic Load:5.25, Inflammation Score:-7, Nutrition Score:7.123043610026%

Flavonoids

Hesperetin: 35.7mg, Hesperetin: 35.7mg, Hesperetin: 35.7mg, Hesperetin: 35.7mg Naringenin: 20.07mg, Naringenin: 20.07mg, Naringenin: 20.07mg, Naringenin: 20.07mg Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg, Myricetin: 0.2mg Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg

Nutrients (% of daily need)

Calories: 303.8kcal (15.19%), Fat: 0.17g (0.26%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 19.3g (6.43%), Net Carbohydrates: 15.99g (5.82%), Sugar: 15.27g (16.97%), Cholesterol: 0mg (0%), Sodium: 9.79mg (0.43%), Alcohol: 32.84g (100%), Alcohol %: 13.28% (100%), Protein: 1.24g (2.48%), Vitamin C: 69.69mg (84.48%), Fiber: 3.3g (13.22%), Folate: 39.3µg (9.82%), Vitamin B1: 0.12mg (8.16%), Potassium: 240.27mg (6.86%), Vitamin A: 297IU (5.94%), Calcium: 58.39mg (5.84%), Copper: 0.09mg (4.47%), Vitamin B6: 0.08mg (3.94%), Magnesium: 14.26mg (3.56%), Vitamin B5: 0.33mg (3.3%), Vitamin B2: 0.05mg (3.17%), Phosphorus: 21.23mg (2.12%), Vitamin B3: 0.41mg (2.07%), Manganese: 0.04mg (2.04%), Vitamin E: 0.24mg (1.59%), Iron: 0.21mg (1.16%), Zinc: 0.16mg (1.06%)