

The Original Home-Baked Girl Scout Cookie

 Vegetarian

READY IN



30 min.

SERVINGS



36

CALORIES



102 kcal

DESSERT

Ingredients

- 2 teaspoons double-acting baking powder
- 1 cup butter softened
- 2 eggs
- 2 cups flour all-purpose
- 2 tablespoons milk
- 0.3 cup sugar
- 1 teaspoon vanilla extract
- 1 cup granulated sugar white

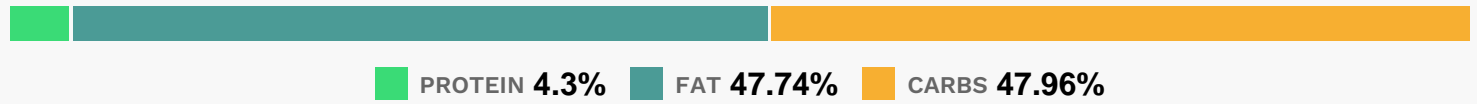
Equipment

oven

Directions

- Combine the cream, butter, and sugar. Next, add well-beaten eggs, then milk, vanilla flavoring, flour and baking powder.
- Roll thin, make trefoil cutouts, sprinkle sugar crystals on top, and bake at 350 degrees F for about 8 minutes, or until just golden brown.

Nutrition Facts



Properties

Glycemic Index:10.98, Glycemic Load:8.75, Inflammation Score:-1, Nutrition Score:1.5413043550823%

Nutrients (% of daily need)

Calories: 101.66kcal (5.08%), Fat: 5.46g (8.41%), Saturated Fat: 3.34g (20.9%), Carbohydrates: 12.35g (4.12%), Net Carbohydrates: 12.16g (4.42%), Sugar: 7.02g (7.8%), Cholesterol: 22.75mg (7.58%), Sodium: 68.11mg (2.96%), Alcohol: 0.04g (100%), Alcohol %: 0.2% (100%), Protein: 1.11g (2.21%), Selenium: 3.23µg (4.61%), Vitamin B1: 0.06mg (3.75%), Folate: 14.05µg (3.51%), Vitamin A: 172.13IU (3.44%), Vitamin B2: 0.05mg (2.95%), Manganese: 0.05mg (2.43%), Iron: 0.39mg (2.19%), Vitamin B3: 0.42mg (2.08%), Phosphorus: 19.57mg (1.96%), Calcium: 18.09mg (1.81%), Vitamin E: 0.18mg (1.18%)