



## The Peabody Peppermint Patti



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



4

CALORIES



151 kcal

SIDE DISH

### Ingredients

- 4 ounce chocolate mix hot
- 0.3 cup peppermint schnapps
- 4 cups water boiling

### Equipment

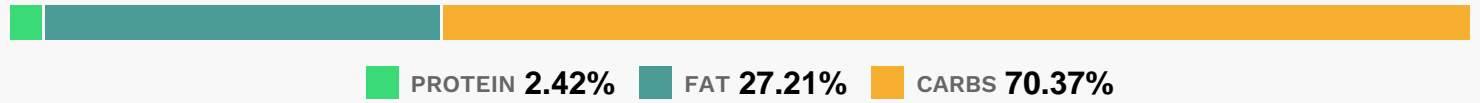
### Directions

- Empty all envelopes of hot chocolate mix into a large pitcher.

Add 4 cups boiling water to pitcher, stirring until hot chocolate mix dissolves. Stir in peppermint schnapps.

Pour mixture into 4 mugs, and top each serving with sweetened whipped cream, if desired.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.5917391218245%

## Nutrients (% of daily need)

Calories: 151.31kcal (7.57%), Fat: 4.25g (6.54%), Saturated Fat: 2.84g (17.72%), Carbohydrates: 24.74g (8.25%), Net Carbohydrates: 23.61g (8.59%), Sugar: 20.43g (22.7%), Cholesterol: 0mg (0%), Sodium: 252.8mg (10.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.85g (1.7%), Fiber: 1.13g (4.54%), Calcium: 35.45mg (3.54%), Iron: 0.51mg (2.83%), Copper: 0.04mg (1.89%)