

The Pink Daiquiri



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



236 kcal

BEVERAGE

DRINK

Ingredients

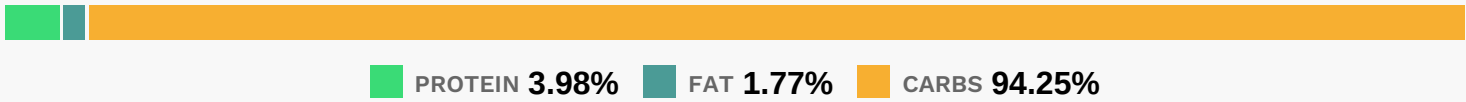
- ☐ 1 serving garnish: grapefruit twist
- ☐ 1 ounce ruby grapefruit juice red
- ☐ 0.5 ounce juice of lemon fresh
- ☐ 0.3 ounce maraschino liqueur
- ☐ 1.5 ounces rum white
- ☐ 0.5 ounce simple syrup glaze

Equipment

Directions

- ☐ Combine first 5 ingredients in an ice-filled cocktail shaker. Shake vigorously, and strain into a chilled martini glass.
- ☐ Garnish, if desired.
- ☐ Combine equal parts sugar and hot water, stirring until sugar dissolves. Store in refrigerator until ready to use in mixed drinks or iced tea.

Nutrition Facts



Properties

Glycemic Index:88, Glycemic Load:5, Inflammation Score:-9, Nutrition Score:7.7856520414352%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.59mg, Hesperetin: 2.59mg, Hesperetin: 2.59mg, Hesperetin: 2.59mg Naringenin: 50.46mg, Naringenin: 50.46mg, Naringenin: 50.46mg, Naringenin: 50.46mg Luteolin: 0.92mg, Luteolin: 0.92mg, Luteolin: 0.92mg, Luteolin: 0.92mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.56mg, Quercetin: 0.56mg, Quercetin: 0.56mg, Quercetin: 0.56mg

Nutrients (% of daily need)

Calories: 235.7kcal (11.78%), Fat: 0.28g (0.43%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 33.25g (11.08%), Net Carbohydrates: 30.71g (11.17%), Sugar: 26.72g (29.68%), Cholesterol: 0mg (0%), Sodium: 9.36mg (0.41%), Alcohol: 17.07g (100%), Alcohol %: 8.31% (100%), Protein: 1.41g (2.81%), Vitamin C: 61.16mg (74.13%), Vitamin A: 1773.83IU (35.48%), Fiber: 2.53g (10.14%), Potassium: 278.21mg (7.95%), Vitamin B1: 0.09mg (6.04%), Folate: 23.42µg (5.86%), Magnesium: 18.96mg (4.74%), Vitamin B5: 0.45mg (4.5%), Vitamin B6: 0.09mg (4.43%), Iron: 0.78mg (4.31%), Calcium: 38.84mg (3.88%), Vitamin B2: 0.06mg (3.53%), Phosphorus: 34.81mg (3.48%), Copper: 0.06mg (3.17%), Vitamin B3: 0.43mg (2.16%), Manganese: 0.04mg (2.16%), Vitamin E: 0.22mg (1.48%), Zinc: 0.19mg (1.25%)