



The Pousse-Café No 1



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



245 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 3 tsp brandy
- ☐ 3 tsp chartreuse yellow
- ☐ 3 tsp crème de cassis liqueur
- ☐ 3 tsp creme de cassis
- ☐ 3 tsp grenadine syrup
- ☐ 3 tsp maraschino liqueur

Equipment

Directions

- ☐ Pour the ingredients carefully into a glass in the order listed to keep the colored layers separate. You'll need a steady hand and a strong stomach. Good luck.
- ☐ Layering
- ☐ This technique creates layers of ingredients of different colors, resulting in a striped effect. It is generally used for dessert-style drinks served in a large shot orousse-café glass.
- ☐ Layering makes use of the different weights or densities of liquids and it helps to chill the ingredients first. Liqueurs tend to be heavier than spirits, although the latter often have similar densities.
- ☐ Pour the ingredients into the glass in order of weight, starting with the heaviest; the required order will be made clear in the recipe itself.
- ☐ Add each subsequent layer, pouring very slowly over the rounded back of a barspoon, touching the side of the glass so that the liquid trickles down and settles over the top layer rather than heading to the bottom of the drink. The goal is to pour the different liquids so gently that the surface tension of the previous one remains intact, thereby preventing any mixing, so you need a steady hand, and practice. When layering in a small glass, use a barspoon with a muddler at the end, and pour down the spiral shaft until the liquid hits the base of the muddler.
- ☐ From World's Best Cocktails by Tom Sandham, © 2012 Fair Winds Press

Nutrition Facts



Properties

Glycemic Index:115, Glycemic Load:13.45, Inflammation Score:-2, Nutrition Score:0.14565217365389%

Nutrients (% of daily need)

Calories: 244.58kcal (12.23%), Fat: 0.05g (0.07%), Saturated Fat: 0g (0.01%), Carbohydrates: 32.21g (10.74%), Net Carbohydrates: 32.21g (11.71%), Sugar: 28.02g (31.13%), Cholesterol: 0mg (0%), Sodium: 8.1mg (0.35%), Alcohol: 23.68g (100%), Alcohol %: 31.7% (100%), Protein: 0g (0%), Copper: 0.02mg (1.08%)