



The Sepia French 75



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



1 min.

SERVINGS



1

CALORIES



209 kcal

BEVERAGE

DRINK

Ingredients

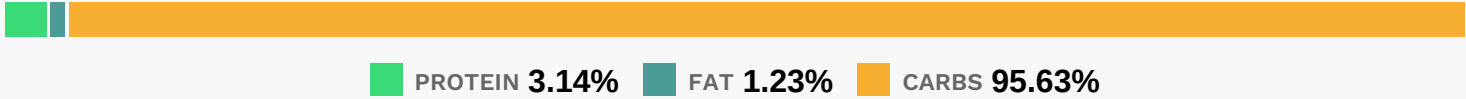
- ☐ 1.5 ounces hendrick's gin
- ☐ 0.8 ounces juice of lemon freshly squeezed
- ☐ 1 serving cranberry-orange relish
- ☐ 1 Dash orange bitters
- ☐ 1 serving rose hips such as gruet
- ☐ 0.8 ounces simple syrup glaze (see note above)

Equipment

Directions

☐ Add gin, simple syrup, lemon, and orange bitters to a cocktail shaker. Fill shaker with ice and shake until well chilled, about 15 seconds. Strain into a chilled coupe glass. Top with rosé and garnish with orange twist.

Nutrition Facts



Properties

Glycemic Index:57.5, Glycemic Load:3.6, Inflammation Score:-6, Nutrition Score:6.212608606919%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 27.6mg, Hesperetin: 27.6mg, Hesperetin: 27.6mg, Hesperetin: 27.6mg Naringenin: 14.08mg, Naringenin: 14.08mg, Naringenin: 14.08mg, Naringenin: 14.08mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg

Nutrients (% of daily need)

Calories: 208.78kcal (10.44%), Fat: 0.16g (0.25%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 28.48g (9.49%), Net Carbohydrates: 26.02g (9.46%), Sugar: 24.67g (27.41%), Cholesterol: 0mg (0%), Sodium: 13.01mg (0.57%), Alcohol: 14.65g (100%), Alcohol %: 10.49% (100%), Protein: 0.94g (1.87%), Vitamin C: 60.37mg (73.17%), Fiber: 2.46g (9.86%), Folate: 31.28µg (7.82%), Vitamin B1: 0.11mg (7.58%), Potassium: 203.34mg (5.81%), Iron: 0.9mg (5%), Vitamin A: 247.23IU (4.94%), Calcium: 41.73mg (4.17%), Magnesium: 13.09mg (3.27%), Vitamin B2: 0.06mg (3.25%), Vitamin B6: 0.06mg (3.25%), Copper: 0.06mg (2.91%), Vitamin B5: 0.26mg (2.61%), Manganese: 0.04mg (2.15%), Phosphorus: 18.31mg (1.83%), Vitamin E: 0.25mg (1.68%), Vitamin B3: 0.31mg (1.56%)