



The Shiksa-Tini



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



275 kcal

BEVERAGE

DRINK

Ingredients

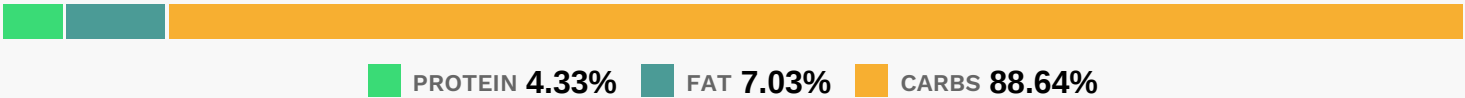
- ☐ 1 measure fruit cocktail
- ☐ 8 ice cubes
- ☐ 0.3 oz juice of lime sweetened
- ☐ 0.3 cup pomegranate juice
- ☐ 1 serving pomegranate seeds for garnish (optional,)
- ☐ 0.5 oz triple sec
- ☐ 1.5 oz vodka (orange)

Equipment

Directions

- ☐ Save Recipe
- ☐ Print Recipe
- ☐ The Shiksa-Tini
- ☐ Ingredients1/4 cup pomegranate juice1 1/2 oz citrus vodka (orange)1/2 oz triple sec1/4 oz sweetened lime juice8 ice cubes
- ☐ Pomegranate seeds (optional, for garnish)You will also need
- ☐ Cocktail shaker, jigger/measure, martini glass
- ☐ Total Time: 5 Minutes
- ☐ Servings: 1 martini
- ☐ Kosher Key: Pareve

Nutrition Facts



Properties

Glycemic Index:137, Glycemic Load:11.97, Inflammation Score:-4, Nutrition Score:6.4278260262116%

Flavonoids

Cyanidin: 1.49mg, Cyanidin: 1.49mg, Cyanidin: 1.49mg, Cyanidin: 1.49mg Delphinidin: 0.5mg, Delphinidin: 0.5mg, Delphinidin: 0.5mg, Delphinidin: 0.5mg Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg, Pelargonidin: 0.06mg Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg, Catechin: 0.35mg Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg Epicatechin: 0.07mg, Epicatechin: 0.07mg, Epicatechin: 0.07mg, Epicatechin: 0.07mg Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg, Eriodictyol: 0.16mg Hesperetin: 0.64mg, Hesperetin: 0.64mg, Hesperetin: 0.64mg, Hesperetin: 0.64mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Quercetin: 0.73mg, Quercetin: 0.73mg, Quercetin: 0.73mg, Quercetin: 0.73mg Gallocatechin: 0.15mg, Gallocatechin: 0.15mg, Gallocatechin: 0.15mg, Gallocatechin: 0.15mg

Nutrients (% of daily need)

Calories: 274.77kcal (13.74%), Fat: 1.28g (1.96%), Saturated Fat: 0.17g (1.08%), Carbohydrates: 36.21g (12.07%), Net Carbohydrates: 32.19g (11.71%), Sugar: 30.63g (34.03%), Cholesterol: 0mg (0%), Sodium: 18.18mg (0.79%), Alcohol: 17.89g (100%), Alcohol %: 6.14% (100%), Caffeine: 3.69mg (1.23%), Protein: 1.77g (3.54%), Vitamin K: 21.94µg

(20.89%), Fiber: 4.01g (16.06%), Vitamin C: 11.91mg (14.43%), Folate: 50.04µg (12.51%), Manganese: 0.23mg (11.58%), Potassium: 390.99mg (11.17%), Copper: 0.21mg (10.57%), Vitamin E: 1mg (6.64%), Vitamin B6: 0.12mg (5.77%), Vitamin B5: 0.54mg (5.41%), Vitamin B1: 0.08mg (5.34%), Magnesium: 19.13mg (4.78%), Phosphorus: 47.02mg (4.7%), Vitamin B2: 0.07mg (4.1%), Vitamin B3: 0.6mg (2.99%), Zinc: 0.42mg (2.81%), Iron: 0.47mg (2.62%), Calcium: 22.7mg (2.27%), Vitamin A: 95.81IU (1.92%), Selenium: 0.89µg (1.28%)