

The Sidecar



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



54 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



0.8 ounces brandy



0.8 ounces juice of lemon



0.8 ounces frangelico



0.8 ounces frangelico

Equipment

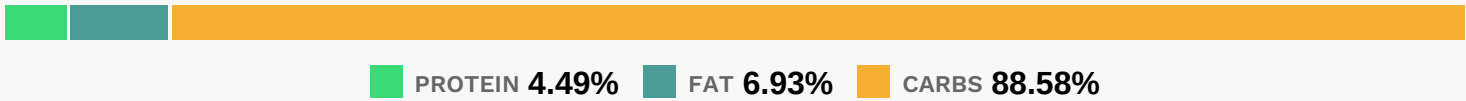


kitchen scale

Directions

- ☐ In mixing glass or shaker filled with ice, combine Cointreau, brandy, and lemon juice, and shake vigorously. Wet rim of a 3- to 4-ounce cocktail glass and place on a lightly sugared plate. Strain liquor into the glass and serve.
- ☐ In order to avoid your having to scale back the lemon juice, we've provided a recipe for a smaller drink, which is close to the original Sidecar.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.67173913623328%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 53.79kcal (2.69%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 1.47g (0.49%), Net Carbohydrates: 1.4g (0.51%), Sugar: 0.54g (0.6%), Cholesterol: 0mg (0%), Sodium: 0.43mg (0.02%), Alcohol: 7.1g (100%), Alcohol %: 21.17% (100%), Protein: 0.07g (0.15%), Vitamin C: 8.23mg (9.97%), Folate: 4.25µg (1.06%)