

The Simple Sauza® Margarita



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



7

CALORIES



254 kcal

BEVERAGE

DRINK

Ingredients

- 7 servings lime wedges
- 24 ounces margarita cocktail
- 7 servings orange wedge
- 7.5 ounces silver tequila sauza®
- 4.5 ounces triple sec dekuyper®

Equipment

Directions

Combine the ingredients without ice and shake vigorously. Then just pour the mixture into your most festive margarita glass, garnish and enjoy a classic.

Nutrition Facts

PROTEIN 2.26% **FAT 0.96%** **CARBS 96.78%**

Properties

Glycemic Index:12.79, Glycemic Load:3.62, Inflammation Score:-5, Nutrition Score:4.8652173647576%

Flavonoids

Hesperetin: 24.95mg, Hesperetin: 24.95mg, Hesperetin: 24.95mg, Hesperetin: 24.95mg Naringenin: 13.82mg, Naringenin: 13.82mg, Naringenin: 13.82mg, Naringenin: 13.82mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 254.43kcal (12.72%), Fat: 0.16g (0.25%), Saturated Fat: 0.03g (0.21%), Carbohydrates: 37.24g (12.41%), Net Carbohydrates: 35.05g (12.75%), Sugar: 34.95g (38.83%), Cholesterol: 0mg (0%), Sodium: 70.79mg (3.08%), Alcohol: 14.88g (100%), Alcohol %: 7.97% (100%), Caffeine: 4.74mg (1.58%), Protein: 0.87g (1.74%), Vitamin C: 48.17mg (58.39%), Fiber: 2.19g (8.75%), Folate: 27.08µg (6.77%), Vitamin B1: 0.08mg (5.41%), Potassium: 169.99mg (4.86%), Vitamin A: 203IU (4.06%), Calcium: 36.51mg (3.65%), Vitamin B6: 0.05mg (2.74%), Copper: 0.05mg (2.74%), Magnesium: 9.61mg (2.4%), Vitamin B2: 0.04mg (2.33%), Vitamin B5: 0.23mg (2.27%), Manganese: 0.03mg (1.56%), Phosphorus: 15.09mg (1.51%), Vitamin B3: 0.29mg (1.43%), Vitamin E: 0.16mg (1.09%)