



The SippitySup Lime Gimlet Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



180 kcal

BEVERAGE

DRINK

Ingredients



2.5 ounce plymouth gin



0.5 ounce rose's lime juice



1 ounce squeezed lime juice fresh



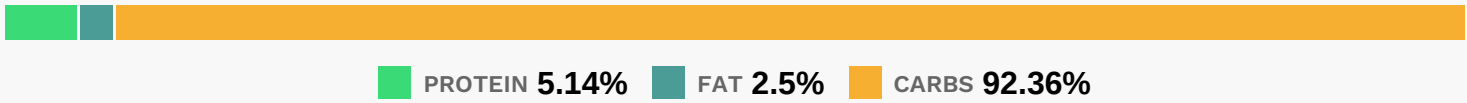
1 wedge of lime

Equipment

Directions

- ☐
- Fill a mixing glass with cracked ice. Stir in the gin and both lime juices. Shake vigorously for 15–20 seconds. Strain into a very cold cocktail glass.
- ☐
- Garnish with either a twist or a wedge of lime

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:0.44, Inflammation Score:-4, Nutrition Score:1.8573912900427%

Flavonoids

Eriodictyol: 0.93mg, Eriodictyol: 0.93mg, Eriodictyol: 0.93mg, Eriodictyol: 0.93mg Hesperetin: 11.55mg, Hesperetin: 11.55mg, Hesperetin: 11.55mg, Hesperetin: 11.55mg Naringenin: 0.77mg, Naringenin: 0.77mg, Naringenin: 0.77mg, Naringenin: 0.77mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 179.75kcal (8.99%), Fat: 0.07g (0.1%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 5.47g (1.82%), Net Carbohydrates: 4.8g (1.74%), Sugar: 1.02g (1.14%), Cholesterol: 0mg (0%), Sodium: 1.92mg (0.08%), Alcohol: 23.67g (100%), Alcohol %: 22.83% (100%), Protein: 0.3g (0.61%), Vitamin C: 18mg (21.81%), Fiber: 0.67g (2.7%), Potassium: 69.53mg (1.99%), Copper: 0.04mg (1.9%), Folate: 5.69µg (1.42%), Vitamin B1: 0.02mg (1.35%), Vitamin B6: 0.02mg (1.23%), Phosphorus: 12.03mg (1.2%), Calcium: 11.89mg (1.19%), Magnesium: 4.48mg (1.12%), Manganese: 0.02mg (1.09%)