



The Slapping Incident

 Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



184 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1.5 teaspoons purchased biscotti
- ☐ 4 ice cubes
- ☐ 1.5 tablespoons juice of lime
- ☐ 1 pinch pepper
- ☐ 2.5 tablespoons irish whiskey
- ☐ 1 pinch sea salt
- ☐ 1 tablespoon sorghum syrup
- ☐ 1 serving water

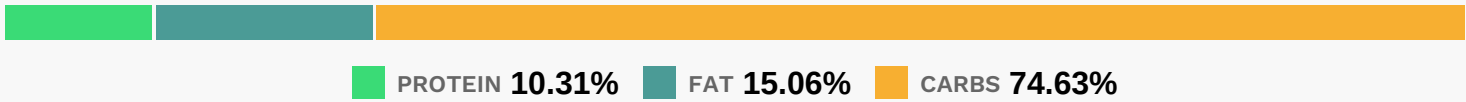
- ☐ 1 tablespoon frangelico
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Equipment

Directions

- ☐ Stir together whiskey, lime juice, Fernet-Branca, sorghum syrup, and Faretti Biscotti Famosi in a 10-oz. glass.
- ☐ Add ice cubes, and top with tonic water. Stir in sea salt and cracked pepper.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:1.7765217633999%

Flavonoids

Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg Hesperetin: 2.02mg, Hesperetin: 2.02mg, Hesperetin: 2.02mg, Hesperetin: 2.02mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 183.91kcal (9.2%), Fat: 1.64g (2.53%), Saturated Fat: 0.45g (2.81%), Carbohydrates: 18.34g (6.11%), Net Carbohydrates: 17.29g (6.29%), Sugar: 3.07g (3.41%), Cholesterol: 7.62mg (2.54%), Sodium: 79.36mg (3.45%), Alcohol: 13.5g (100%), Alcohol %: 4.56% (100%), Protein: 2.53g (5.07%), Vitamin C: 6.75mg (8.18%), Phosphorus: 46.87mg (4.69%), Iron: 0.82mg (4.56%), Fiber: 1.05g (4.19%), Copper: 0.06mg (2.97%), Vitamin B1: 0.04mg (2.92%), Vitamin B3: 0.48mg (2.42%), Potassium: 79.79mg (2.28%), Calcium: 16.53mg (1.65%), Vitamin B2: 0.02mg (1.47%), Magnesium: 4.9mg (1.22%)