

The Spice of Life



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



165 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 ounce agave nectar
- ☐ 1 stalk cilantro leaves chopped
- ☐ 2 slices cucumber thin
- ☐ 3 slices cucumber thin
- ☐ 1 serving ice cubes
- ☐ 0.5 ounce juice of lime freshly squeezed
- ☐ 2 drops sriracha to taste
- ☐ 1 strawberries ripe

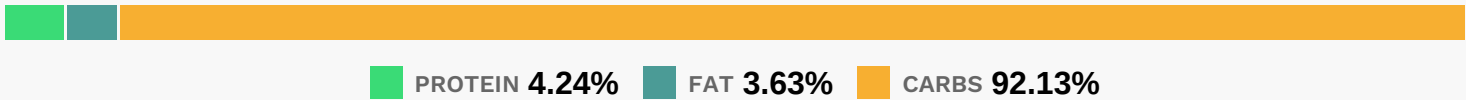
2 ounces tequila

Equipment

Directions

- Muddle strawberry, cilantro, and two cucumber slices.
- Add lime juice, agave nectar, amaro, tequila, and Sriracha. Fill shaker with ice.
- Shake vigorously and double-strain into an ice-filled rocks glass.
- Garnish with remaining cucumber slices.

Nutrition Facts



Properties

Glycemic Index:132, Glycemic Load:1.16, Inflammation Score:-4, Nutrition Score:2.6043478302334%

Flavonoids

Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg Pelargonidin: 2.98mg, Pelargonidin: 2.98mg, Pelargonidin: 2.98mg, Pelargonidin: 2.98mg Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg Catechin: 0.37mg, Catechin: 0.37mg, Catechin: 0.37mg, Catechin: 0.37mg Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg, Epicatechin 3-gallate: 0.02mg Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Quercetin: 0.73mg, Quercetin: 0.73mg, Quercetin: 0.73mg, Quercetin: 0.73mg

Nutrients (% of daily need)

Calories: 164.98kcal (8.25%), Fat: 0.15g (0.23%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 8.36g (2.79%), Net Carbohydrates: 7.77g (2.82%), Sugar: 6.16g (6.85%), Cholesterol: 0mg (0%), Sodium: 58.07mg (2.52%), Alcohol: 18.94g (100%), Alcohol %: 13.05% (100%), Protein: 0.38g (0.77%), Vitamin C: 15.4mg (18.67%), Vitamin K: 7.61µg (7.25%), Manganese: 0.09mg (4.51%), Folate: 12.06µg (3.02%), Copper: 0.06mg (2.94%), Potassium: 92.05mg

(2.63%), Vitamin B6: 0.05mg (2.53%), Fiber: 0.59g (2.36%), Vitamin A: 104.45IU (2.09%), Vitamin B1: 0.03mg (2.05%), Magnesium: 7.88mg (1.97%), Vitamin B2: 0.03mg (1.81%), Phosphorus: 15.25mg (1.53%), Vitamin B5: 0.12mg (1.24%), Vitamin E: 0.17mg (1.16%), Calcium: 11.39mg (1.14%), Iron: 0.2mg (1.09%)