



The Sun Also Rises Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



205 kcal

BEVERAGE

DRINK

Ingredients



3 drops peychaud's bitters



1.5 tablespoons plymouth sloe gin



1.5 tablespoons juice of lemon fresh



2 tablespoons sugar



0.3 cup water



3 ounces prosecco dry



1.5 teaspoons absinthe



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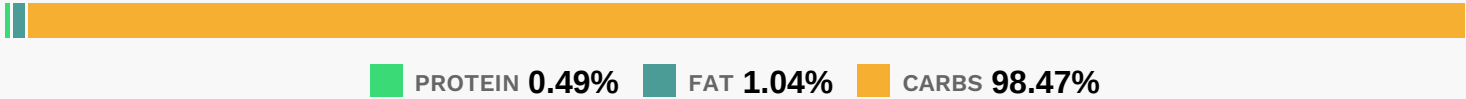
Equipment

☐ microwave

Directions

- ☐ To prepare simple syrup, combine sugar and 1/4 cup water in a microwave-safe dish; microwave at HIGH for 2 minutes. Stir until sugar dissolves; cool.
- ☐ To prepare the cocktail, pour 3 ounces sparkling wine into a Champagne flute.
- ☐ Combine sloe gin, juice, and absinthe in a martini shaker with ice.
- ☐ Add 1 1/2 teaspoons simple syrup; reserve remaining simple syrup for another use. Shake. Strain into flute; top with bitters.

Nutrition Facts



Properties

Glycemic Index:85.09, Glycemic Load:16.75, Inflammation Score:-3, Nutrition Score:1.2717391271144%

Flavonoids

Eriodictyol: 1.1mg, Eriodictyol: 1.1mg, Eriodictyol: 1.1mg, Eriodictyol: 1.1mg Hesperetin: 3.26mg, Hesperetin: 3.26mg, Hesperetin: 3.26mg, Hesperetin: 3.26mg Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 205.28kcal (10.26%), Fat: 0.13g (0.2%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 27.83g (9.28%), Net Carbohydrates: 27.76g (10.1%), Sugar: 25.89g (28.76%), Cholesterol: 0mg (0%), Sodium: 9.6mg (0.42%), Alcohol: 14.31g (100%), Alcohol %: 8.39% (100%), Protein: 0.14g (0.28%), Vitamin C: 8.71mg (10.55%), Potassium: 98.95mg (2.83%), Magnesium: 10.45mg (2.61%), Iron: 0.38mg (2.11%), Phosphorus: 15.46mg (1.55%), Copper: 0.03mg (1.44%), Vitamin B6: 0.03mg (1.38%), Folate: 5.35µg (1.34%), Calcium: 11.02mg (1.1%), Vitamin B2: 0.02mg (1.02%)