



The Woodsman Tavern's Hunting Vest



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



2024 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 ounce campari
- ☐ 1 serving campari
- ☐ 1 serving ice cubes
- ☐ 1 small lemon zest
- ☐ 3 cups fries dry (or planks broken into pieces)
- ☐ 0.8 ounce rye flakes
- ☐ 0.3 ounce cooking sherry
- ☐ 1 ounce mirin dry french

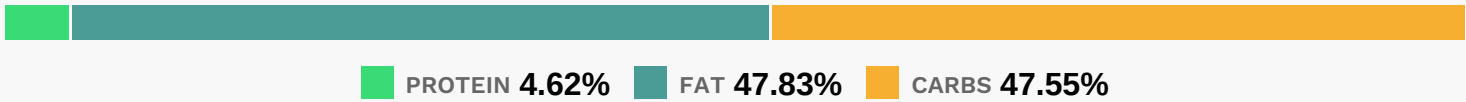
Equipment

- ☐ cheesecloth
- ☐ canning jar

Directions

- ☐ Char the wood until well-blackened. Chop up into pieces small enough to fit inside a one quart mason jar. Fill jar with wood chips, cover with Campari, seal and set aside 2 weeks.
- ☐ After 14 days, strain liquid through cheesecloth three times. This will yield you plenty of cedar-steeped Campari for future cocktails, and also tastes just fine alone on the rocks.
- ☐ Add cedar-steeped Campari, rye, shery, and vermouth to a mixing glass.
- ☐ Add ice halfway to the top of liquids. Stir quickly, just long enough to briefly dilute the ice.
- ☐ Strain into chilled champagne coupe. Finish with lemon twist.

Nutrition Facts



Properties

Glycemic Index:79.33, Glycemic Load:117.15, Inflammation Score:-8, Nutrition Score:39.052608867702%

Flavonoids

Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg

Nutrients (% of daily need)

Calories: 2023.95kcal (101.2%), Fat: 106.7g (164.16%), Saturated Fat: 32.32g (201.99%), Carbohydrates: 238.73g (79.58%), Net Carbohydrates: 201.35g (73.22%), Sugar: 0.53g (0.59%), Cholesterol: 0mg (0%), Sodium: 3481.57mg (151.37%), Alcohol: 10.09g (100%), Alcohol %: 1.49% (100%), Protein: 23.18g (46.36%), Manganese: 3.04mg (152.2%), Fiber: 37.38g (149.52%), Potassium: 3221.83mg (92.05%), Vitamin B3: 17.11mg (85.53%), Vitamin B6: 1.38mg (68.82%), Phosphorus: 682.89mg (68.29%), Vitamin C: 52.46mg (63.58%), Iron: 10.8mg (59.98%), Magnesium: 182.66mg (45.66%), Vitamin B5: 4.17mg (41.74%), Folate: 160.19µg (40.05%), Vitamin B1: 0.59mg (39.53%), Zinc: 3.56mg (23.75%), Selenium: 14.44µg (20.63%), Copper: 0.39mg (19.54%), Vitamin B2: 0.29mg (17.04%), Calcium: 86.14mg (8.61%), Vitamin E: 0.31mg (2.08%), Vitamin K: 1.28µg (1.22%)