



Three-in-One Cookie Stacks

 Dairy Free

READY IN



95 min.

SERVINGS



60

CALORIES



125 kcal

DESSERT

Ingredients

- 0.5 teaspoon almond extract
- 0.5 teaspoon baking soda
- 1 cup butter softened
- 0.5 cup coconut flakes flaked
- 0.5 teaspoon coconut extract
- 1 teaspoon cream of tartar
- 1 eggs
- 2.5 cups flour all-purpose

- 0.3 cup maraschino cherries drained chopped well
- 0.5 teaspoon salt
- 0.5 cup semisweet chocolate chips miniature
- 1 cup sugar
- 60 servings sugar
- 1 tablespoon cocoa powder unsweetened
- 1 teaspoon vanilla

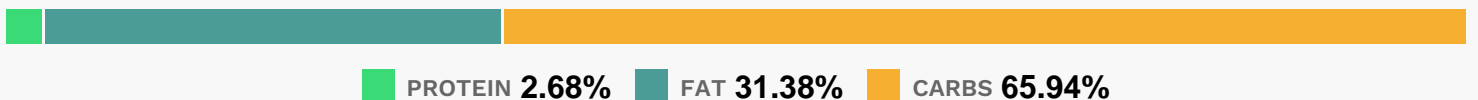
Equipment

- bowl
- baking sheet
- oven
- wire rack

Directions

- Heat oven to 375F. In large bowl, mix 1 cup sugar, the butter, vanilla and egg with spoon. Stir in flour, cream of tartar, baking soda and salt. Divide dough into thirds.
- Mix coconut extract and coconut into one third of dough.
- Mix almond extract, red food color and cherries into another third of dough. Stir cocoa and miniature chocolate chips into last third of dough.
- Shape dough by rounded teaspoonfuls into 1-inch balls with floured hands.
- Place 2 inches apart on ungreased cookie sheet. Flatten each with greased bottom of glass dipped in additional sugar.
- Bake cookies 7 to 9 minutes or until edges are set. Cool slightly; remove from cookie sheet to wire rack. Cool completely, about 15 minutes.

Nutrition Facts



Properties

Glycemic Index:3.59, Glycemic Load:13.58, Inflammation Score:-1, Nutrition Score:1.4634782657351%

Flavonoids

Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 124.68kcal (6.23%), Fat: 4.44g (6.83%), Saturated Fat: 1.51g (9.44%), Carbohydrates: 21g (7%), Net Carbohydrates: 20.52g (7.46%), Sugar: 16.5g (18.33%), Cholesterol: 2.85mg (0.95%), Sodium: 66.03mg (2.87%), Alcohol: 0.05g (100%), Alcohol %: 0.21% (100%), Protein: 0.85g (1.7%), Manganese: 0.09mg (4.28%), Selenium: 2.39µg (3.42%), Vitamin B1: 0.04mg (2.85%), Vitamin A: 140.72IU (2.81%), Folate: 10µg (2.5%), Iron: 0.43mg (2.38%), Copper: 0.04mg (2.21%), Vitamin B2: 0.04mg (2.08%), Fiber: 0.48g (1.91%), Vitamin B3: 0.33mg (1.66%), Phosphorus: 15.18mg (1.52%), Magnesium: 5.93mg (1.48%)