



Three-in-One Cookie Stacks

 Dairy Free

READY IN



95 min.

SERVINGS



60

CALORIES



78 kcal

DESSERT

Ingredients

- ☐ 1 cup sugar
- ☐ 1 cup butter softened
- ☐ 1 teaspoon vanilla
- ☐ 1 eggs
- ☐ 2.5 cups flour all-purpose
- ☐ 1 teaspoon cream of tartar
- ☐ 0.5 teaspoon baking soda
- ☐ 0.5 teaspoon salt

- ☐ 0.5 teaspoon coconut extract
- ☐ 0.5 cup coconut flakes flaked
- ☐ 0.5 teaspoon almond extract
- ☐ 3 food coloring red
- ☐ 0.3 cup maraschino cherries drained chopped well
- ☐ 1 tablespoon cocoa powder unsweetened
- ☐ 0.5 cup semisweet chocolate chips miniature
- ☐ 1 serving p of sugar

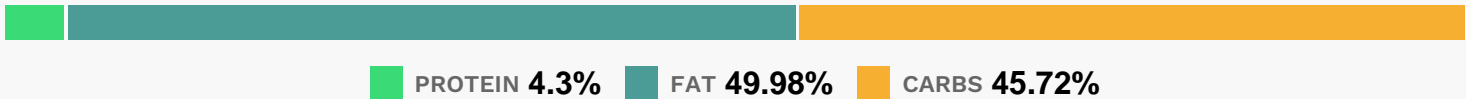
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Heat oven to 375°F. In large bowl, mix 1 cup sugar, the butter, vanilla and egg with spoon. Stir in flour, cream of tartar, baking soda and salt. Divide dough into thirds.
- ☐ Mix coconut extract and coconut into one third of dough.
- ☐ Mix almond extract, red food color and cherries into another third of dough. Stir cocoa and miniature chocolate chips into last third of dough.
- ☐ Shape dough by rounded teaspoonfuls into 1-inch balls with floured hands.
- ☐ Place 2 inches apart on ungreased cookie sheet. Flatten each with greased bottom of glass dipped in additional sugar.
- ☐ Bake cookies 7 to 9 minutes or until edges are set. Cool slightly; remove from cookie sheet to wire rack. Cool completely, about 15 minutes.

Nutrition Facts



Properties

Glycemic Index:2.42, Glycemic Load:5.2, Inflammation Score:-1, Nutrition Score:1.4473913025273%

Flavonoids

Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 78.48kcal (3.92%), Fat: 4.4g (6.77%), Saturated Fat: 1.51g (9.44%), Carbohydrates: 9.06g (3.02%), Net Carbohydrates: 8.59g (3.12%), Sugar: 4.52g (5.02%), Cholesterol: 2.85mg (0.95%), Sodium: 65.91mg (2.87%), Alcohol: 0.05g (100%), Alcohol %: 0.36% (100%), Protein: 0.85g (1.7%), Manganese: 0.09mg (4.26%), Selenium: 2.32µg (3.32%), Vitamin B1: 0.04mg (2.85%), Vitamin A: 140.72IU (2.81%), Folate: 10µg (2.5%), Iron: 0.42mg (2.35%), Copper: 0.04mg (2.16%), Vitamin B2: 0.03mg (1.95%), Fiber: 0.48g (1.91%), Vitamin B3: 0.33mg (1.66%), Phosphorus: 15.18mg (1.52%), Magnesium: 5.93mg (1.48%)