



Thumbprint Cookies

 Vegetarian

READY IN



70 min.

SERVINGS



30

CALORIES



192 kcal

DESSERT

Ingredients

- 0.5 tsp baking soda
- 0.8 cup butter softened (1-)
- 8 oz philadelphia cream cheese softened
- 2.3 cups flour
- 1 cup planters pecans chopped
- 1.3 cups raspberry preserves
- 1 cup sugar
- 2 tsp vanilla

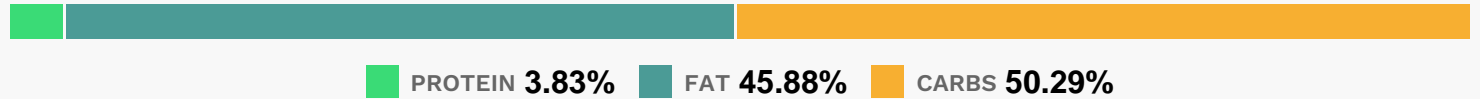
Equipment

- baking sheet
- oven
- blender

Directions

- Heat oven to 350F. Beat cream cheese, butter, sugar and vanilla with mixer until blended.
- Add flour, baking soda and pecans; mix well. Refrigerate 30 min.
- Shape dough into 1-inch balls.
- Place, 2 inches apart, on baking sheets. Indent centers.
- Bake 10 min. Fill each cookie with about 1 tsp. preserves.
- Bake 8 to 10 min. or until golden brown. Cool on baking sheets 2 min.
- Remove to wire racks; cool completely.

Nutrition Facts



Properties

Glycemic Index:9.57, Glycemic Load:15.24, Inflammation Score:-2, Nutrition Score:3.0178260829138%

Flavonoids

Cyanidin: 0.39mg, Cyanidin: 0.39mg, Cyanidin: 0.39mg, Cyanidin: 0.39mg Delphinidin: 0.26mg, Delphinidin: 0.26mg, Delphinidin: 0.26mg, Delphinidin: 0.26mg Catechin: 0.26mg, Catechin: 0.26mg, Catechin: 0.26mg, Catechin: 0.26mg Epigallocatechin: 0.2mg, Epigallocatechin: 0.2mg, Epigallocatechin: 0.2mg, Epigallocatechin: 0.2mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg

Nutrients (% of daily need)

Calories: 192.24kcal (9.61%), Fat: 9.94g (15.3%), Saturated Fat: 4.68g (29.28%), Carbohydrates: 24.52g (8.17%), Net Carbohydrates: 23.76g (8.64%), Sugar: 14.02g (15.57%), Cholesterol: 19.84mg (6.61%), Sodium: 86.02mg (3.74%), Alcohol: 0.1g (100%), Alcohol %: 0.26% (100%), Protein: 1.87g (3.73%), Manganese: 0.23mg (11.74%), Vitamin B1:

0.1mg (6.79%), Selenium: 4.35µg (6.21%), Folate: 20.36µg (5.09%), Vitamin A: 245.38IU (4.91%), Vitamin B2: 0.08mg (4.86%), Copper: 0.07mg (3.66%), Iron: 0.61mg (3.39%), Phosphorus: 32.35mg (3.23%), Vitamin B3: 0.61mg (3.06%), Fiber: 0.76g (3.03%), Magnesium: 7.85mg (1.96%), Zinc: 0.28mg (1.88%), Vitamin E: 0.27mg (1.8%), Vitamin C: 1.29mg (1.56%), Calcium: 15.58mg (1.56%), Potassium: 47.72mg (1.36%), Vitamin B5: 0.12mg (1.25%)