

Tie-Dyed Cupcakes

airy Free







DESSERT

Ingredients

9 oz sprinkles betty crocker®

1 box cake mix white yellow betty crocker® supermoist®

Equipment

oven

wire rack

muffin liners

Directions Heat oven to 350°F (325°F for dark or nonstick pans). Place paper baking cup in each of 24 regular-size muffin cups. Make cake as directed on box for 24 cupcakes--except fill muffin cups half full; top each with 1/4 teaspoon sprinkles. Top with remaining batter; sprinkle each with 1/2 teaspoon sprinkles. Bake as directed on box for cupcakes. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes. Nutrition Facts PROTEIN 2.56% ■ FAT 8.32% ■ CARBS 89.12%

Properties

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-1, Nutrition Score:1.5656521747942%

Nutrients (% of daily need)

Calories: 124.24kcal (6.21%), Fat: 1.15g (1.77%), Saturated Fat: 0.86g (5.37%), Carbohydrates: 27.75g (9.25%), Net Carbohydrates: 27.49g (10%), Sugar: 19g (21.11%), Cholesterol: Omg (0%), Sodium: 156.82mg (6.82%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.8g (1.59%), Phosphorus: 66.78mg (6.68%), Calcium: 45.45mg (4.55%), Folate: 14.65µg (3.66%), Vitamin B1: 0.05mg (3.32%), Vitamin B2: 0.05mg (2.93%), Iron: 0.45mg (2.49%), Vitamin B3: 0.5mg (2.49%), Manganese: 0.04mg (2.06%), Vitamin E: 0.2mg (1.32%), Fiber: 0.26g (1.03%)