



Time for a Drink: The Last Word



Gluten Free



Dairy Free



Low Fod Map

READY IN



2 min.

SERVINGS



1

CALORIES



187 kcal

BEVERAGE

DRINK

Ingredients

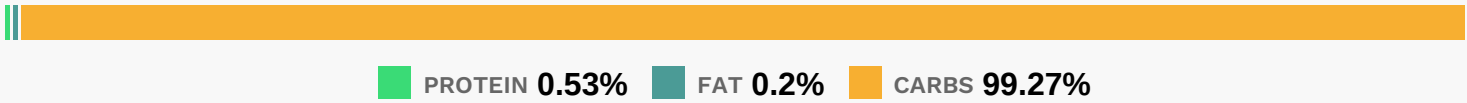
- ☐ 0.8 ounce chartreuse green
- ☐ 0.8 ounce hendrick's gin
- ☐ 0.8 ounce juice of lime
- ☐ 0.8 ounce maraschino liqueur

Equipment

Directions

Combine ingredients in a cocktail shaker. Fill with ice, and shake briskly for 10 seconds. Strain into a chilled cocktail glass.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.60086956514936%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 187.17kcal (9.36%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0.01%), Carbohydrates: 16.87g (5.62%), Net Carbohydrates: 16.79g (6.1%), Sugar: 15.29g (16.99%), Cholesterol: 0mg (0%), Sodium: 0.64mg (0.03%), Alcohol: 27.39g (100%), Alcohol %: 40.82% (100%), Protein: 0.09g (0.18%), Vitamin C: 6.38mg (7.73%)