



## Tiramisu Bites

 Gluten Free

READY IN



300 min.

SERVINGS



24

CALORIES



111 kcal

DESSERT

## Ingredients

- ☐ 12 slices round cake frozen thawed (1/) () (from 10-oz package)
- ☐ 0.3 cup water
- ☐ 1.5 teaspoons coffee instant
- ☐ 1.5 teaspoons rum extract
- ☐ 8 oz mascarpone cheese
- ☐ 0.3 cup powdered sugar
- ☐ 0.5 cup whipping cream
- ☐ 0.5 oz baker's chocolate

☐

24 coffee-bean granita

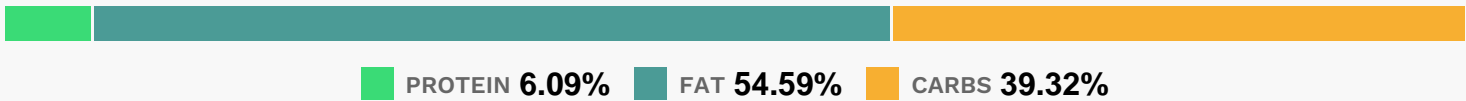
## Equipment

- ☐ bowl
- ☐ hand mixer
- ☐ muffin liners

## Directions

- ☐ Line 24 mini muffin cups with petit four paper cups.
- ☐ Cut 2 (1 1/4-inch) rounds from each cake slice.
- ☐ Place 1 cake round in bottom of each cup.
- ☐ In small bowl, mix water, coffee granules and 1/2 teaspoon of the rum extract.
- ☐ Drizzle about 1/2 teaspoon of the coffee mixture over cake in each muffin cup. Set aside.
- ☐ In medium bowl, beat cheese, powdered sugar and remaining 1 teaspoon rum extract with electric mixer on medium speed until creamy. In another medium bowl, beat whipping cream on high speed until soft peaks form. On low speed, beat cheese mixture into whipped cream. Spoon or pipe a rounded tablespoon whipped cream mixture into each cup, covering cake.
- ☐ Grate semisweet chocolate over each cup. Top each with coffee bean. Refrigerate at least 4 hours to blend flavors. Store covered in refrigerator.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:1.5426087026363%

## Flavonoids

Catechin: 0.38mg, Catechin: 0.38mg, Catechin: 0.38mg, Catechin: 0.38mg Epicatechin: 0.84mg, Epicatechin: 0.84mg, Epicatechin: 0.84mg, Epicatechin: 0.84mg

## Nutrients (% of daily need)

Calories: 110.92kcal (5.55%), Fat: 6.76g (10.39%), Saturated Fat: 4.1g (25.61%), Carbohydrates: 10.95g (3.65%), Net Carbohydrates: 10.78g (3.92%), Sugar: 6.88g (7.64%), Cholesterol: 30.35mg (10.12%), Sodium: 100.3mg (4.36%),

Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 21.02mg (7.01%), Protein: 1.7g (3.39%), Vitamin A: 228.29IU (4.57%), Vitamin B2: 0.05mg (2.97%), Iron: 0.52mg (2.88%), Manganese: 0.06mg (2.86%), Calcium: 27.77mg (2.78%), Phosphorus: 25.98mg (2.6%), Vitamin B1: 0.04mg (2.55%), Selenium: 1.58µg (2.25%), Folate: 7.41µg (1.85%), Vitamin B3: 0.32mg (1.59%), Copper: 0.03mg (1.48%), Magnesium: 4.16mg (1.04%)