

Toffee Bar Brownies

 Dairy Free

READY IN



80 min.

SERVINGS



32

CALORIES



117 kcal

DESSERT

Ingredients

- 20 ounce brownie mix
- 1.4 ounce chocolate bar english divided
- 1 pkg chocolate pudding instant (4 serving size)
- 16 ounce non-dairy whipped topping frozen thawed

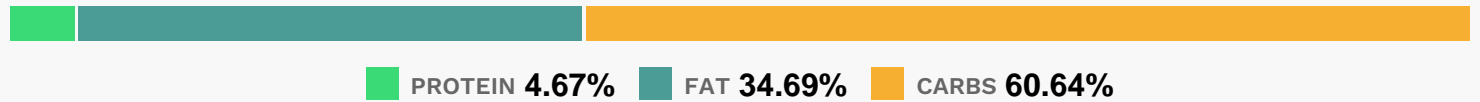
Equipment

- knife
- wooden spoon
- spatula

Directions

- Prepare brownies according to the package directions, and let cool. Crumble the surface of the brownies with a fork.
- Prepare the chocolate pudding mix according to the package directions, and immediately pour over the brownies. Allow the pudding to set.
- Using the handle of a wooden spoon or table knife, crush the toffee bars, still in their wrappers, and sprinkle 7 crushed toffee bars over the pudding.
- Spread the whipped topping over the crushed toffee bars with a spatula, and sprinkle 1 crushed toffee bar over the top for decoration.

Nutrition Facts



Properties

Glycemic Index:0.72, Glycemic Load:0.1, Inflammation Score:0, Nutrition Score:0.65304347888931%

Nutrients (% of daily need)

Calories: 117.42kcal (5.87%), Fat: 4.53g (6.97%), Saturated Fat: 2.37g (14.8%), Carbohydrates: 17.82g (5.94%), Net Carbohydrates: 17.68g (6.43%), Sugar: 12.45g (13.84%), Cholesterol: 0.32mg (0.11%), Sodium: 62.64mg (2.72%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.37g (2.75%), Iron: 0.66mg (3.67%), Phosphorus: 14.33mg (1.43%), Manganese: 0.02mg (1.21%), Copper: 0.02mg (1.17%), Calcium: 10.97mg (1.1%)