

Toffee Dessert







DESSERT

Ingredients

8 ounce non-dairy whipped topping frozen thawed

	12 ounce non-dairy whipped topping frozen thawed
Equipment	
	bowl
	frying pan
Directions	
	Place the chocolate covered toffee bar and chocolate covered crispy peanut butter flavored candy bar in the freezer and let freeze 8 hours or overnight.
	In a medium bowl, mix together the saltine crackers, graham crackers, and melted butter. Press the mixture into the bottom of a 9x13 inch pan to make a crust. Chill crust in the refrigerator while you make the filling.
	In a large bowl, beat together the instant vanilla pudding mix, instant chocolate pudding mix, and milk. Fold in 12 ounces frozen whipped topping.
	Spread the filling over the prepared crust. Cover the filling with the remaining frozen whipped topping.
	Crush the frozen chocolate covered toffee bar and chocolate-covered crispy peanut butter flavored candy bar.
	Sprinkle the dessert with the crushed candy bars. Cover and refrigerate until ready to serve.
Nutrition Facts	
PROTEIN 5.04% FAT 41.43% CARBS 53.53%	
Properties	

Glycemic Index:17.83, Glycemic Load:9.92, Inflammation Score:-3, Nutrition Score:5.5408695988033%

Nutrients (% of daily need)

Calories: 420.87kcal (21.04%), Fat: 19.49g (29.99%), Saturated Fat: 12.57g (78.57%), Carbohydrates: 56.66g (18.89%), Net Carbohydrates: 55.22g (20.08%), Sugar: 39.67g (44.07%), Cholesterol: 26.92mg (8.97%), Sodium: 558.6mg (24.29%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 5.34g (10.68%), Phosphorus: 132.66mg (13.27%), Vitamin B2: 0.18mg (10.81%), Calcium: 103.84mg (10.38%), Vitamin B1: 0.12mg (7.74%), Manganese: 0.14mg (7.21%), Magnesium: 28.17mg (7.04%), Vitamin A: 337.27lU (6.75%), Iron: 1.2mg (6.68%), Vitamin B3: 1.3mg (6.49%), Fiber: 1.44g (5.75%), Vitamin B12: 0.34µg (5.66%), Potassium: 195.28mg (5.58%), Folate: 18.92µg (4.73%), Zinc:

0.69mg (4.57%), Selenium: 3.09µg (4.41%), Copper: 0.09mg (4.26%), Vitamin K: 4.21µg (4.01%), Vitamin E: 0.59mg (3.94%), Vitamin B6: 0.06mg (3.02%), Vitamin D: 0.45µg (2.98%), Vitamin B5: 0.22mg (2.16%)