



Toffee Tiramisu



Gluten Free

READY IN



75 min.

SERVINGS



12

CALORIES



409 kcal

DESSERT

Ingredients

- ☐ 10.8 ounces round cake frozen thawed cut into 9 slices
- ☐ 0.8 cup strong coffee decoction
- ☐ 1 cup sugar
- ☐ 0.5 cup chocolate syrup
- ☐ 8 ounces cream cheese softened
- ☐ 2 cups whipping cream (heavy)
- ☐ 2.8 ounces heath candy bars chopped

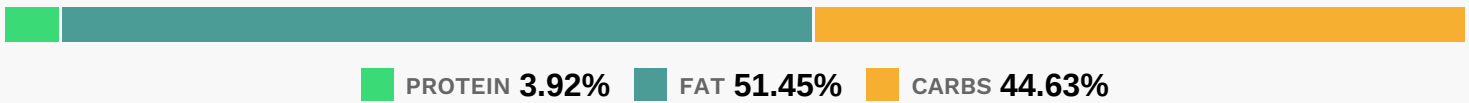
Equipment

- ☐ bowl
- ☐ baking pan
- ☐ hand mixer

Directions

- ☐ Arrange cake slices in rectangular baking dish, 11x7x1 1/2 inches, cutting cake slices if necessary to cover bottom of dish.
- ☐ Drizzle coffee over cake.
- ☐ Beat sugar, chocolate syrup and cream cheese in large bowl with electric mixer on medium speed until smooth.
- ☐ Add whipping cream. Beat on medium speed until light and fluffy.
- ☐ Spread over cake.
- ☐ Sprinkle with candy.
- ☐ Cover and refrigerate at least 1 hour, but no longer than 24 hours.

Nutrition Facts



Properties

Glycemic Index:8.09, Glycemic Load:11.92, Inflammation Score:-5, Nutrition Score:4.8956522190053%

Flavonoids

Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg
Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Myricetin: 0.01mg, Myricetin:
0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin:
0.01mg

Nutrients (% of daily need)

Calories: 409.24kcal (20.46%), Fat: 23.86g (36.7%), Saturated Fat: 14.29g (89.29%), Carbohydrates: 46.55g (15.52%), Net Carbohydrates: 45.95g (16.71%), Sugar: 38.03g (42.25%), Cholesterol: 91.34mg (30.45%), Sodium: 260.82mg (11.34%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.68mg (2.22%), Protein: 4.09g (8.19%), Vitamin A: 876.03IU (17.52%), Vitamin B2: 0.21mg (12.18%), Phosphorus: 94.59mg (9.46%), Selenium: 5.4µg (7.72%), Calcium: 64.83mg (6.48%), Iron: 1.02mg (5.69%), Manganese: 0.11mg (5.38%), Vitamin B1: 0.08mg (5.15%), Vitamin D: 0.69µg (4.57%), Copper: 0.09mg (4.45%), Magnesium: 15.84mg (3.96%), Vitamin E: 0.59mg (3.95%), Folate:

15.77µg (3.94%), Vitamin B5: 0.37mg (3.7%), Potassium: 123.36mg (3.52%), Vitamin B3: 0.6mg (3.01%), Zinc: 0.42mg (2.77%), Vitamin B12: 0.17µg (2.77%), Fiber: 0.61g (2.42%), Vitamin B6: 0.04mg (1.93%), Vitamin K: 1.79µg (1.71%)