



Tolstoi Stoli Bloody Mary



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



70 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup torn basil leaves fresh packed ()
- ☐ 1 small celery leaves plus 6 leaves whole finely chopped for garnish
- ☐ 0.5 teaspoon coarse kosher salt
- ☐ 0.3 teaspoon ground pepper black
- ☐ 1 teaspoon pepper sauce hot (scant)
- ☐ 2.5 pounds tolstoi tomatoes red juicy cored ripe seeded chopped (8 medium)
- ☐ 6 tablespoons vodka (preferably Stolichnaya)
- ☐ 1 teaspoon worcestershire sauce

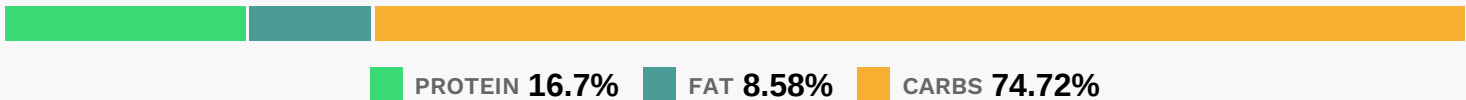
Equipment

- ☐ glass baking pan

Directions

- ☐ Combine first 6 ingredients in processor. Blend until smooth.
- ☐ Transfer to 11x7x2- inch glass baking dish. Freeze until starting to set around edges, stirring occasionally, about 1 hour. Continue to freeze, without stirring, until firm, about 2 more hours. DO AHEAD: Can be made 2 days ahead. Cover and keep frozen.
- ☐ Remove granita from freezer; let stand until soft enough to scrape with fork, 20 to 30 minutes. Using fork, scrape granita, forming flakes. Divide among 6 glasses.
- ☐ Pour 1 tablespoon vodka over each.
- ☐ Sprinkle each with chopped celery leaves and garnish with 1 whole celery leaf.

Nutrition Facts



Properties

Glycemic Index:31.17, Glycemic Load:1.95, Inflammation Score:-8, Nutrition Score:7.7504347000757%

Flavonoids

Naringenin: 1.29mg, Naringenin: 1.29mg, Naringenin: 1.29mg, Naringenin: 1.29mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Myricetin: 0.25mg, Myricetin: 0.25mg, Myricetin: 0.25mg, Myricetin: 0.25mg Quercetin: 1.1mg, Quercetin: 1.1mg, Quercetin: 1.1mg, Quercetin: 1.1mg

Nutrients (% of daily need)

Calories: 69.98kcal (3.5%), Fat: 0.39g (0.6%), Saturated Fat: 0.05g (0.34%), Carbohydrates: 7.64g (2.55%), Net Carbohydrates: 5.33g (1.94%), Sugar: 5.08g (5.65%), Cholesterol: 0mg (0%), Sodium: 234.2mg (10.18%), Alcohol: 5.01g (100%), Alcohol %: 3.06% (100%), Protein: 1.71g (3.42%), Vitamin A: 1630.17IU (32.6%), Vitamin C: 26.71mg (32.37%), Vitamin K: 19.29µg (18.37%), Potassium: 461.56mg (13.19%), Manganese: 0.24mg (11.93%), Fiber: 2.31g (9.24%), Vitamin B6: 0.15mg (7.71%), Folate: 29.22µg (7.31%), Vitamin E: 1.03mg (6.88%), Copper: 0.12mg (6.02%), Vitamin B3: 1.14mg (5.71%), Magnesium: 21.76mg (5.44%), Vitamin B1: 0.07mg (4.81%), Phosphorus: 47.51mg (4.75%), Iron: 0.61mg (3.39%), Vitamin B2: 0.04mg (2.34%), Calcium: 22.35mg (2.23%), Zinc: 0.33mg (2.22%), Vitamin B5: 0.17mg (1.73%)