

Tom Collins



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



244 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 dash angostura bitters
- ☐ 0.3 cup club soda cold
- ☐ 2 fluid ounces hendrick's gin
- ☐ 1 cup ice cubes
- ☐ 1 slice optional: lemon for garnish
- ☐ 2 fluid ounces juice of lemon
- ☐ 1 maraschino cherry
- ☐ 1 fluid ounce simple syrup glaze

Equipment

Directions

- ☐
- Fill a cocktail shaker with ice.
- ☐
- Pour in the gin, lemon juice, simple syrup and a dash of bitters. Cover and shake until the outside of the container is frosty, about 15 seconds. Strain into a highball glass full of ice. Top off with club soda and garnish with a lemon slice and maraschino cherry.

Nutrition Facts



Properties

Glycemic Index:40.5, Glycemic Load:0.12, Inflammation Score:-4, Nutrition Score:3.0104348727542%

Flavonoids

Eriodictyol: 4.38mg, Eriodictyol: 4.38mg, Eriodictyol: 4.38mg, Eriodictyol: 4.38mg Hesperetin: 10.51mg, Hesperetin: 10.51mg, Hesperetin: 10.51mg, Hesperetin: 10.51mg Naringenin: 0.85mg, Naringenin: 0.85mg, Naringenin: 0.85mg, Naringenin: 0.85mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 244.21kcal (12.21%), Fat: 0.17g (0.27%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 28.92g (9.64%), Net Carbohydrates: 28.39g (10.32%), Sugar: 25.38g (28.2%), Cholesterol: 0mg (0%), Sodium: 42.92mg (1.87%), Alcohol: 20.2g (100%), Alcohol %: 5.61% (100%), Protein: 0.29g (0.59%), Vitamin C: 26.6mg (32.24%), Iron: 1.2mg (6.69%), Copper: 0.08mg (3.95%), Vitamin B1: 0.06mg (3.93%), Folate: 12.6µg (3.15%), Potassium: 92.62mg (2.65%), Magnesium: 10.22mg (2.56%), Calcium: 21.97mg (2.2%), Fiber: 0.53g (2.13%), Vitamin B2: 0.03mg (1.79%), Vitamin B6: 0.03mg (1.68%), Zinc: 0.21mg (1.4%), Phosphorus: 10.73mg (1.07%), Manganese: 0.02mg (1.05%)