



Tomato Bacon Pie

READY IN



45 min.

SERVINGS



6

CALORIES



534 kcal

Ingredients

- 1 pie crust dough (9 inches)
- 3 medium tomatoes cut into 1/4-inch slices
- 10 bacon crumbled cooked
- 1 cup cheddar cheese shredded
- 1 cup mayonnaise

Equipment

- bowl
- oven
- aluminum foil

Directions

- Bake pastry shell according to package directions; cool.
- Place tomatoes in the crust; sprinkle with bacon. In a small bowl, combine the cheese and mayonnaise. Spoon over bacon in the center of pie, leaving 1 in. around edge.
- Bake at 350° for 30–40 minutes or until golden brown (cover edges with foil if necessary to prevent overbrowning).

Nutrition Facts

PROTEIN 8.67% **FAT 78.53%** **CARBS 12.8%**

Properties

Glycemic Index:19.17, Glycemic Load:0.86, Inflammation Score:-6, Nutrition Score:11.702174098595%

Flavonoids

Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg, Myricetin: 0.08mg Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

Nutrients (% of daily need)

Calories: 533.66kcal (26.68%), Fat: 46.52g (71.57%), Saturated Fat: 11.91g (74.46%), Carbohydrates: 17.07g (5.69%), Net Carbohydrates: 15.62g (5.68%), Sugar: 1.89g (2.1%), Cholesterol: 47.71mg (15.9%), Sodium: 703.2mg (30.57%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 11.55g (23.11%), Vitamin K: 68.23µg (64.98%), Selenium: 14.56µg (20.81%), Phosphorus: 180.99mg (18.1%), Calcium: 149.14mg (14.91%), Vitamin A: 730.49IU (14.61%), Vitamin B3: 2.54mg (12.7%), Vitamin E: 1.88mg (12.56%), Vitamin B1: 0.18mg (12.3%), Vitamin B2: 0.18mg (10.64%), Vitamin C: 8.43mg (10.21%), Manganese: 0.2mg (10.14%), Zinc: 1.39mg (9.25%), Folate: 34.88µg (8.72%), Vitamin B6: 0.15mg (7.53%), Potassium: 261.74mg (7.48%), Vitamin B12: 0.39µg (6.5%), Iron: 1.14mg (6.32%), Fiber: 1.45g (5.79%), Magnesium: 20.61mg (5.15%), Vitamin B5: 0.46mg (4.6%), Copper: 0.08mg (4.24%), Vitamin D: 0.24µg (1.61%)