



Tomato-Water Bloody Mary

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



6

CALORIES



120 kcal

BEVERAGE

DRINK

Ingredients

- 1 celery stalks chopped
- 6 servings cucumber
- 0.5 pound cucumber english chopped
- 2 tablespoons horseradish white prepared
- 6 servings pepper black freshly ground
- 1 slices optional: lemon
- 6 servings sugar
- 4 pounds tomatoes chopped

2 tablespoons vodka ()

Equipment

bowl

cheesecloth

Directions

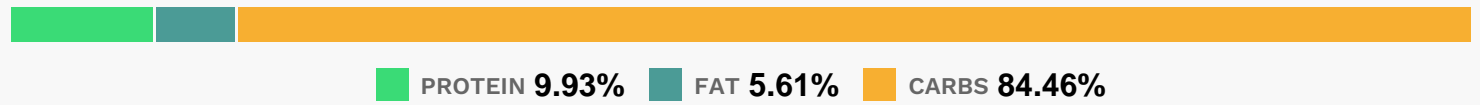
Purée 4 pounds chopped tomatoes, 1/2 pound chopped Persian or English hothouse cucumbers, 1 chopped celery stalk, and 2 tablespoons prepared white horseradish in a blender until smooth. Strain through a cheesecloth-lined fine-mesh sieve into a large bowl.

Let drain, without stirring, until 3 cups of liquid are collected, about 2 hours; discard solids in strainer. Season to taste with kosher salt, freshly ground black pepper, and sugar.

Divide tomato water among 6 ice-filled glasses. Top each glass with 2 tablespoons (or more) vodka.

Garnish with lemon slices and cucumber spears.

Nutrition Facts



Properties

Glycemic Index: 46.27, Glycemic Load: 11.73, Inflammation Score: -9, Nutrition Score: 12.845217461171%

Flavonoids

Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg Hesperetin: 0.33mg, Hesperetin: 0.33mg, Hesperetin: 0.33mg, Hesperetin: 0.33mg Naringenin: 2.06mg, Naringenin: 2.06mg, Naringenin: 2.06mg, Naringenin: 2.06mg Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Kaempferol: 0.27mg, Kaempferol: 0.27mg, Kaempferol: 0.27mg, Kaempferol: 0.27mg Myricetin: 0.4mg, Myricetin: 0.4mg, Myricetin: 0.4mg, Myricetin: 0.4mg Quercetin: 1.77mg, Quercetin: 1.77mg, Quercetin: 1.77mg, Quercetin: 1.77mg

Nutrients (% of daily need)

Calories: 119.92kcal (6%), Fat: 0.75g (1.15%), Saturated Fat: 0.1g (0.6%), Carbohydrates: 25.31g (8.44%), Net Carbohydrates: 21.18g (7.7%), Sugar: 20.9g (23.23%), Cholesterol: 0mg (0%), Sodium: 37.64mg (1.64%), Alcohol: 1.67g (100%), Alcohol %: 0.58% (100%), Protein: 2.98g (5.95%), Vitamin C: 44.55mg (54%), Vitamin A: 2550.78IU (51.02%), Vitamin K: 27.11µg (25.82%), Potassium: 786.71mg (22.48%), Manganese: 0.39mg (19.68%), Fiber: 4.13g

(16.54%), Folate: 54.03µg (13.51%), Vitamin B6: 0.27mg (13.35%), Vitamin E: 1.65mg (11%), Copper: 0.21mg (10.61%), Magnesium: 39.61mg (9.9%), Vitamin B3: 1.83mg (9.17%), Vitamin B1: 0.13mg (8.35%), Phosphorus: 83.03mg (8.3%), Iron: 0.95mg (5.26%), Vitamin B2: 0.07mg (4.22%), Zinc: 0.63mg (4.17%), Calcium: 39.6mg (3.96%), Vitamin B5: 0.37mg (3.72%)