

Tommy's Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



5

CALORIES



49 kcal

SIDE DISH

Ingredients

- ☐ 0.3 cup agave tequila blue
- ☐ 1 tablespoon agave nectar light
- ☐ 2 tablespoons juice of lime freshly squeezed
- ☐ 5 servings lime wedges

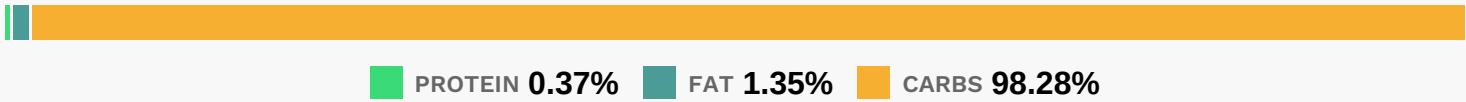
Equipment

- ☐ bowl
- ☐ whisk

Directions

- ☐ Whisk together agave nectar and 1 tbsp. water in a small bowl.
- ☐ Pour thinned nectar, tequila, and lime juice in a shaker.
- ☐ Add ice and shake until blended.
- ☐ Strain into a glass or pour over ice and garnish with a lime wedge.

Nutrition Facts



Properties

Glycemic Index:12.4, Glycemic Load:1.76, Inflammation Score:-1, Nutrition Score:0.81695651894678%

Flavonoids

Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg Hesperetin: 0.97mg, Hesperetin: 0.97mg, Hesperetin: 0.97mg, Hesperetin: 0.97mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 48.92kcal (2.45%), Fat: 0.07g (0.11%), Saturated Fat: 0g (0%), Carbohydrates: 12.22g (4.07%), Net Carbohydrates: 12.14g (4.41%), Sugar: 10.45g (11.62%), Cholesterol: 0mg (0%), Sodium: 0.75mg (0.03%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.05g (0.09%), Vitamin C: 4.68mg (5.67%), Vitamin K: 3.46µg (3.3%), Vitamin B6: 0.04mg (1.91%), Vitamin B2: 0.03mg (1.54%), Vitamin B1: 0.02mg (1.36%), Folate: 5.24µg (1.31%), Vitamin E: 0.16mg (1.1%)