

Tony's Negronis



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



310 kcal

BEVERAGE

DRINK

Ingredients

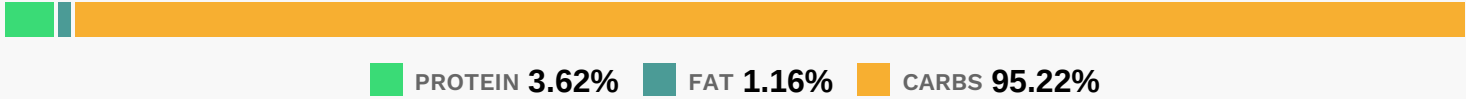
- ☐ 6 tablespoons campari
- ☐ 6 tablespoons hendrick's gin
- ☐ 2 servings cranberry-orange relish
- ☐ 2 tablespoon orange juice fresh
- ☐ 6 tablespoons mirin sweet red ()

Equipment

Directions

☐ Combine all ingredients with ice in shaker. Shake well and strain into chilled Martini glasses.

Nutrition Facts



Properties

Glycemic Index:54.75, Glycemic Load:4.5, Inflammation Score:-7, Nutrition Score:5.5521737604362%

Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 26.56mg, Hesperetin: 26.56mg, Hesperetin: 26.56mg, Hesperetin: 26.56mg Naringenin: 14.15mg, Naringenin: 14.15mg, Naringenin: 14.15mg, Naringenin: 14.15mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg

Nutrients (% of daily need)

Calories: 310.05kcal (15.5%), Fat: 0.14g (0.22%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 26.22g (8.74%), Net Carbohydrates: 24.03g (8.74%), Sugar: 9.84g (10.94%), Cholesterol: 0mg (0%), Sodium: 0.62mg (0.03%), Alcohol: 29.52g (100%), Alcohol %: 15.46% (100%), Protein: 1g (1.99%), Vitamin C: 56.38mg (68.34%), Fiber: 2.19g (8.78%), Folate: 32.1µg (8.02%), Vitamin B1: 0.1mg (6.42%), Potassium: 197.8mg (5.65%), Vitamin A: 236.5IU (4.73%), Calcium: 37.87mg (3.79%), Vitamin B6: 0.06mg (3.06%), Copper: 0.06mg (2.87%), Magnesium: 10.87mg (2.72%), Vitamin B5: 0.26mg (2.57%), Vitamin B2: 0.04mg (2.52%), Phosphorus: 17.29mg (1.73%), Manganese: 0.03mg (1.65%), Vitamin B3: 0.33mg (1.64%), Vitamin E: 0.17mg (1.13%)