



Top-of-the-line Margarita

 Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



131 kcal

BEVERAGE

DRINK

Ingredients

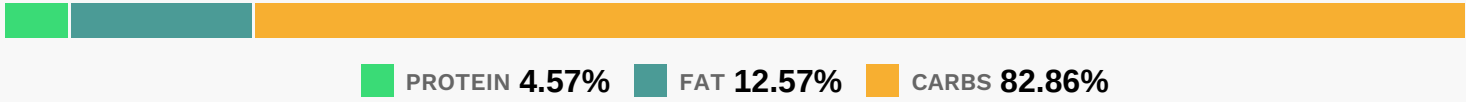
- ☐ 0.3 cup silver 100 percent agave tequila
- ☐ 2 servings coarse salt
- ☐ 0.5 cup coarsely cracked ice cubes
- ☐ 0.3 cup juice of lime fresh
- ☐ 2 servings lime wedges
- ☐ 0.3 cup orange liqueur

Equipment

Directions

- ☐ Rub the rims of 2 martini glasses with a lime wedge, then dip the rims in a dish of course salt. Refrigerate the glasses if desired.
- ☐ In a shaker, combine the lime juice, tequila, and orange liqueur.
- ☐ Add ice and shake 10 to 15 seconds, then strain into the prepared glasses.

Nutrition Facts



Properties

Glycemic Index:16, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:2.2552173837371%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 3.14mg, Hesperetin: 3.14mg, Hesperetin: 3.14mg, Hesperetin: 3.14mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 130.75kcal (6.54%), Fat: 1.17g (1.8%), Saturated Fat: 0.19g (1.18%), Carbohydrates: 17.37g (5.79%), Net Carbohydrates: 16.45g (5.98%), Sugar: 10.12g (11.24%), Cholesterol: 0mg (0%), Sodium: 252.53mg (10.98%), Alcohol: 7.67g (100%), Alcohol %: 7.6% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.96g (1.91%), Vitamin C: 9.37mg (11.35%), Manganese: 0.17mg (8.62%), Fiber: 0.92g (3.69%), Phosphorus: 31.01mg (3.1%), Copper: 0.06mg (3.09%), Magnesium: 12.21mg (3.05%), Vitamin B3: 0.43mg (2.17%), Vitamin K: 2.23µg (2.12%), Potassium: 71.18mg (2.03%), Iron: 0.3mg (1.68%), Zinc: 0.24mg (1.59%), Vitamin B1: 0.02mg (1.51%), Folate: 5.2µg (1.3%), Vitamin B6: 0.03mg (1.29%), Selenium: 0.88µg (1.26%), Vitamin E: 0.17mg (1.16%), Vitamin B5: 0.1mg (1.02%)