

Traditional Holiday Tree Brownies







DESSERT

Ingredients

1 box brownie mix
21 servings candy canes miniature
21 servings m&m candies green red miniature
1 cup vanilla frosting (from 16 oz container)
21 servings vegetable oil for on brownie mix box

Equipment

frying pan
oven

	ziploc bags	
Directions		
	Heat oven to 350F. Line 13x9-inch pan with foil so foil extends about 2 inches over short sides of pan. Grease bottom only of foil with cooking spray or shortening.	
	Make and bake brownie mix as directed on box for 13x9-inch pan, using water, oil and eggs. Cool completely, about 1 hour.	
	Remove brownie from pan by lifting foil; peel foil away. To cut brownie into triangles, cut lengthwise into 3 rows.	
	Cut each row into 7 triangles, see diagram. Save smaller pieces for snacking.	
	Stir food color into frosting. Spoon frosting into small resealable food-storage plastic bag; partially seal bag.	
	Cut off tiny bottom corner of bag. Squeeze bag to pipe frosting over brownies.	
	Sprinkle with decors.	
	Break off curved end of candy cane; insert straight piece into bottoms of triangles to make tree trunks.	
Nutrition Facts		
	PROTEIN 2.13% FAT 56.48% CARBS 41.39%	

Properties

aluminum foil

Glycemic Index: 2.05, Glycemic Load: 3.14, Inflammation Score: -1, Nutrition Score: 2.0195652049683%

Nutrients (% of daily need)

Calories: 351.14kcal (17.56%), Fat: 22.19g (34.13%), Saturated Fat: 5.26g (32.86%), Carbohydrates: 36.58g (12.19%), Net Carbohydrates: 36.18g (13.16%), Sugar: 28.22g (31.35%), Cholesterol: 2.25mg (0.75%), Sodium: 100.92mg (4.39%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.88g (3.77%), Vitamin K: 27.15µg (25.85%), Vitamin E: 1.31mg (8.73%), Iron: 0.89mg (4.93%), Vitamin B2: 0.03mg (1.91%), Calcium: 17.72mg (1.77%), Fiber: 0.41g (1.62%)