



Traditional Spring Celebration Brownies

READY IN



105 min.

SERVINGS



24

CALORIES



172 kcal

DESSERT

Ingredients

- 1 box brownie mix
- 1 serving vegetable oil for on brownie mix box
- 3 cups marshmallows miniature
- 1 cup m&m candies
- 0.3 cup milk chocolate chips
- 0.3 teaspoon shortening

Equipment

- bowl

- frying pan
- oven
- knife
- microwave

Directions

- Heat oven to 350°F. Grease bottom only of 13x9-inch pan with cooking spray or shortening. Make brownies as directed on box for 13x9-inch pan, using water, oil and eggs.
- Bake 23 minutes.
- Sprinkle with marshmallows; bake 5 minutes longer or until marshmallows are puffed and golden.
- Sprinkle with candies.
- In small microwavable bowl, microwave chips and shortening uncovered on High 15 seconds; stir.
- Drizzle over bars. Cool completely, about 1 hour. For easier cutting, use plastic knife dipped in hot water. For bars, cut into 6 rows by 4 rows.

Nutrition Facts



PROTEIN 3.56% **FAT 29.96%** **CARBS 66.48%**

Properties

Glycemic Index:2.52, Glycemic Load:3.07, Inflammation Score:1, Nutrition Score:0.38043477855947%

Nutrients (% of daily need)

Calories: 172.08kcal (8.6%), Fat: 5.78g (8.89%), Saturated Fat: 2.25g (14.05%), Carbohydrates: 28.85g (9.62%), Net Carbohydrates: 28.61g (10.4%), Sugar: 20.63g (22.92%), Cholesterol: 1.3mg (0.43%), Sodium: 72.95mg (3.17%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.55g (3.09%), Iron: 0.72mg (3.99%), Calcium: 11.58mg (1.16%), Vitamin K: 1.1µg (1.05%)