

Traditional Spring Celebration Brownies

Popular







DESSERT

Ingredients

1 box brownie mix
1 cup m&m candies

- 3 cups marshmallows miniature
- 0.3 cup milk chocolate chips
- 0.3 teaspoon shortening
- 24 servings vegetable oil for on brownie mix box

Equipment

bowl

	frying pan	
	oven	
	knife	
	microwave	
Di	rections	
	Heat oven to 350F. Grease bottom only of 13x9-inch pan with cooking spray or shortening. Make brownies as directed on box for 13x9-inch pan, using water, oil and eggs.	
	Bake 23 minutes.	
	Sprinkle with marshmallows; bake 5 minutes longer or until marshmallows are puffed and golden.	
	Sprinkle with candies.	
	In small microwavable bowl, microwave chips and shortening uncovered on High 15 seconds; stir.	
	Drizzle over bars. Cool completely, about 1 hour. For easier cutting, use plastic knife dipped in hot water. For bars, cut into 6 rows by 4 rows.	
Nutrition Facts		
	PROTEIN 2.1% FAT 58.69% CARBS 39.21%	

Properties

Glycemic Index:2.52, Glycemic Load:3.07, Inflammation Score:0, Nutrition Score:1.7213043154258%

Nutrients (% of daily need)

Calories: 290.68kcal (14.53%), Fat: 19.2g (29.53%), Saturated Fat: 4.29g (26.84%), Carbohydrates: 28.85g (9.62%), Net Carbohydrates: 28.61g (10.4%), Sugar: 20.63g (22.92%), Cholesterol: 1.3mg (0.43%), Sodium: 72.95mg (3.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.55g (3.09%), Vitamin K: 25.77µg (24.55%), Vitamin E: 1.15mg (7.66%), Iron: 0.72mg (4.01%), Calcium: 11.58mg (1.16%)