

Treasure Cookies

READY IN



45 min.

SERVINGS



60

CALORIES



107 kcal

DESSERT

Ingredients

- ☐ 2 teaspoons double-acting baking powder
- ☐ 0.5 cup butter melted
- ☐ 1.3 cups coconut or flaked
- ☐ 0.5 cup flour all-purpose
- ☐ 1.5 cups graham cracker crumbs
- ☐ 1 cup pecans chopped
- ☐ 2 cups semi chocolate chips
- ☐ 14 ounce condensed milk sweetened canned

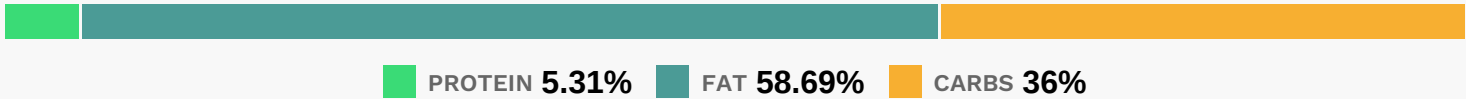
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ mixing bowl

Directions

- ☐ Preheat oven to 375 degrees F (190 degrees C).
- ☐ In a small bowl mix cracker crumbs, flour and baking powder.
- ☐ In a large mixing bowl, beat condensed milk and margarine until smooth.
- ☐ Add cracker crumb mixture and blend well. Stir in coconut, chocolate chips, and pecans.
- ☐ Drop by rounded teaspoon on a cookie sheet sprayed with non-stick spray.
- ☐ Bake 9-10 minutes or until lightly browned. Store loosely covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:6.03, Glycemic Load:3.94, Inflammation Score:-1, Nutrition Score:2.5543477872144%

Flavonoids

Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg, Cyanidin: 0.2mg Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg, Epigallocatechin: 0.1mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg

Nutrients (% of daily need)

Calories: 107.32kcal (5.37%), Fat: 7.16g (11.01%), Saturated Fat: 3.88g (24.28%), Carbohydrates: 9.88g (3.29%), Net Carbohydrates: 8.81g (3.21%), Sugar: 6.5g (7.22%), Cholesterol: 6.68mg (2.23%), Sodium: 49.86mg (2.17%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 5.16mg (1.72%), Protein: 1.46g (2.91%), Manganese: 0.22mg (11.03%), Copper: 0.11mg (5.74%), Phosphorus: 50mg (5%), Magnesium: 17.72mg (4.43%), Fiber: 1.06g (4.25%), Iron: 0.65mg

(3.61%), Calcium: 34.37mg (3.44%), Selenium: 2.27µg (3.25%), Vitamin B2: 0.05mg (2.68%), Zinc: 0.39mg (2.61%), Potassium: 81.58mg (2.33%), Vitamin B1: 0.03mg (2.27%), Vitamin A: 68.95IU (1.38%), Vitamin B3: 0.24mg (1.19%), Folate: 4.23µg (1.06%), Vitamin B5: 0.1mg (1.05%)