



## Tres Chic Pomegranate Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



175 kcal

BEVERAGE

DRINK

### Ingredients

- 3 fluid ounces club soda
- 1 cup ice cubes crushed
- 1 slice lime fresh
- 1.5 fluid ounce jigger pomegranate juice
- 1 tablespoon rimming sugar
- 1.5 fluid ounce jigger vodka

### Equipment

# Directions

- Combine crushed ice, vodka, and pomegranate juice in a shaker, Squeeze juice of lime wedge into mixture. Shake vigorously, and set aside.
- Using the same lime wedge, wet the edge of a martini glass. Dip edge of glass into sugar. Strain liquid into glass, and top with club soda.
- Garnish with a slice of lime.

# Nutrition Facts

**PROTEIN 0.61%** **FAT 2.14%** **CARBS 97.25%**

## Properties

Glycemic Index:117.09, Glycemic Load:8.55, Inflammation Score:-2, Nutrition Score:1.3604347696123%

## Flavonoids

Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg Hesperetin: 3.01mg, Hesperetin: 3.01mg, Hesperetin: 3.01mg, Hesperetin: 3.01mg Naringenin: 0.24mg, Naringenin: 0.24mg, Naringenin: 0.24mg, Naringenin: 0.24mg Quercetin: 0.52mg, Quercetin: 0.52mg, Quercetin: 0.52mg, Quercetin: 0.52mg

## Nutrients (% of daily need)

Calories: 174.71kcal (8.74%), Fat: 0.18g (0.28%), Saturated Fat: 0.04g (0.22%), Carbohydrates: 18.5g (6.17%), Net Carbohydrates: 18.26g (6.64%), Sugar: 17.68g (19.65%), Cholesterol: 0mg (0%), Sodium: 35.15mg (1.53%), Alcohol: 14.81g (100%), Alcohol %: 4.34% (100%), Protein: 0.12g (0.23%), Vitamin K: 4.65µg (4.43%), Copper: 0.06mg (3.12%), Potassium: 104.52mg (2.99%), Folate: 11.21µg (2.8%), Vitamin C: 2.08mg (2.52%), Manganese: 0.04mg (2.2%), Calcium: 18.84mg (1.88%), Magnesium: 6.78mg (1.69%), Vitamin B5: 0.14mg (1.42%), Vitamin E: 0.18mg (1.23%), Zinc: 0.16mg (1.07%), Vitamin B6: 0.02mg (1.04%)