

# **Trick or Treat Cupcakes**







DESSERT

## Ingredients

2 teaspoons double-acting baking powder
1 cup butter softened
4 large eggs
24 servings m&m candies
24 servings m&m candies assorted
0.5 cup milk
1 teaspoon cranberry-orange relish
2 teaspoons cranberry-orange relish

2 drops orange food coloring

	3 drops orange food coloring
	0.5 cup orange juice fresh (1 orange)
	6 tablespoons orange juice fresh
	1 orange zest finely grated
	1 cups baking mix
	32 oz powdered sugar
	0.3 teaspoon salt
	1 teaspoon salt
	24 servings sprinkles
	2 cups sugar
	3 cups flour all-purpose
	0.5 cup whipping cream
Eq	uipment
	bowl
	oven
	hand mixer
	wooden spoon
	kitchen scissors
Di	rections
	Preheat oven to 350 degrees.
	Beat butter and sugar at medim speed with an electric mixer until creamy.
	Add eggs, 1 at a time, beating until blended after each addition.
	Combine milk and next 3 ingredients in a small bowl.
	Combine flour, baking powder, and salt; add to butter mixture alternately with milk mixture, beginning and ending with flour mixture. Beat at low speed until blended after each addition. Stir in orange flavoring.

	Place paper baking cups in 2 (12-cup) muffin pans, and coat with cooking spray; spoon batter into cups, filling two-thirds full.
	Bake for 12 to 15 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes; remove from pans to wire racks, and cool completely.
	To prepare frosting, beat first 4 ingredients at medium speed with an electric mixer until creamy. Gradually add powdered sugar, beating at low speed until blended. Beat at high speed 2 minutes or until creamy.
	Add juice and food coloring; beat at low speed with an electric mixer until blended. Beat at high speed 2 minutes or until creamy. Makes 3 cups.
	Fill each cupcake with Halloween Orange Frosting. To fill cupcakes, insert the end of a wooden spoon or dowel into the center of the cupcake to make a hole. Fill a zip-top plastic freezer bag with filling or frosting. Use scissors or kitchen shears to snip about 1/4 inch from one corner of the bag; insert bag into the hole in the cupcake. Squeeze gently until filling comes to the top of each cupcake.
	Frost each cupcake with Halloween Orange Frosting using metal tip no. Top each with assorted candy, sprinkles, and 1 candy stick.
Nutrition Facts	
	PROTEIN 3.34% FAT 28.67% CARBS 67.99%

### **Properties**

Glycemic Index:21.42, Glycemic Load:20.96, Inflammation Score:-3, Nutrition Score:5.4486955922583%

#### **Flavonoids**

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 1.29mg, Hesperetin: 1.29mg, Hesperetin: 1.29mg, Hesperetin: 1.29mg, Naringenin: 0.3mg, Naringenin: 0.3mg, Naringenin: 0.3mg, Naringenin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

#### Nutrients (% of daily need)

Calories: 587.21kcal (29.36%), Fat: 18.94g (29.14%), Saturated Fat: 11.4g (71.26%), Carbohydrates: 101.05g (33.68%), Net Carbohydrates: 99.62g (36.23%), Sugar: 83.36g (92.62%), Cholesterol: 62.15mg (20.72%), Sodium: 317.92mg (13.82%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 4.97g (9.93%), Selenium: 8.92µg (12.74%), Vitamin B1: 0.17mg (11.24%), Folate: 42.4µg (10.6%), Vitamin B2: 0.17mg (10.03%), Vitamin A: 452.21lU (9.04%), Calcium: 84.85mg (8.48%), Iron: 1.48mg (8.21%), Phosphorus: 82mg (8.2%), Vitamin C: 5.94mg (7.2%), Manganese: 0.13mg (6.51%), Vitamin B3: 1.21mg (6.06%), Fiber: 1.42g (5.7%), Vitamin B5: 0.3mg (3.04%), Vitamin E: 0.38mg (2.51%),

Vitamin B12: 0.15µg (2.42%), Copper: 0.05mg (2.28%), Potassium: 73.16mg (2.09%), Magnesium: 8.13mg (2.03%), Vitamin D: 0.3µg (2.01%), Zinc: 0.3mg (2%), Vitamin B6: 0.04mg (1.75%), Vitamin K: 1.24µg (1.18%)