



Tricolor Matzo Ball Soup

 Dairy Free

READY IN



45 min.

SERVINGS



6

CALORIES



12 kcal

SOUP

ANTIPASTI

STARTER

SNACK

Ingredients

☐ 6 servings matzo

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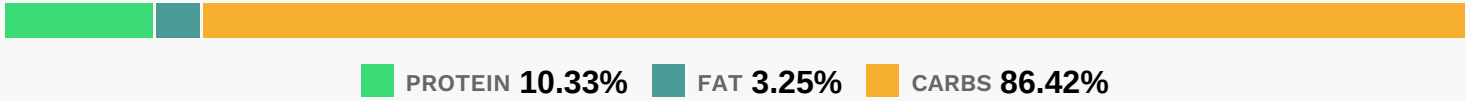
☐ 6 servings matzo

Equipment

Directions

- ☐
- Prepare Spinach Matzo Balls, Tomato Matzo Balls, and Turmeric Matzo Balls. Include one of each flavor of matzo ball per serving.
- ☐
- Adapted with permission from Passover by Design: Picture-Perfect Kosher by Design® Recipes for the Holiday by Susie Fishbein, (C) 2008 Mesorah Publications, Ltd.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.28652173944789%

Nutrients (% of daily need)

Calories: 11.85kcal (0.59%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 2.51g (0.84%), Net Carbohydrates: 2.42g (0.88%), Sugar: 0.01g (0.01%), Cholesterol: 0mg (0%), Sodium: 0mg (0%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.3g (0.6%), Selenium: 1.11µg (1.58%)