



Triple Chip Chocolate Chunk Cookies



Dairy Free



Popular

READY IN



45 min.

SERVINGS



24

CALORIES



151 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon baking soda
- ☐ 1 cup butterscotch chips
- ☐ 1 cup regular chocolate chips mini
- ☐ 0.5 cup cocoa powder
- ☐ 1 large eggs
- ☐ 1 cup gold medal flour all-purpose
- ☐ 0.5 cup granulated sugar
- ☐ 0.3 teaspoon kosher salt

- ☐ 0.5 cup brown sugar light packed
- ☐ 1 cup chips white
- ☐ 1 teaspoon vanilla extract pure

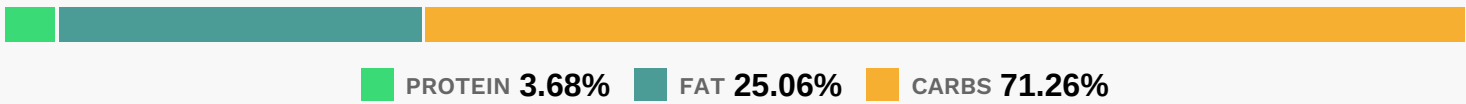
Equipment

- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ wire rack
- ☐ hand mixer

Directions

- ☐ Preheat oven to 350 degrees F and line a large baking sheet with a silpat liner or parchment paper.
- ☐ Place butter and sugars into a stand or electric mixer and beat until light and creamy, a good 2 minutes.
- ☐ Add egg and vanilla mixing until well combined.
- ☐ Add flour, cocoa powder, baking soda and salt, mixing to combine.
- ☐ Add chips and mix to combine. With a medium cookie scoop, scoop dough onto baking sheet 1 inch apart and bake for 12-15 minutes, until baked through.
- ☐ Let cool on baking sheet for 10 minutes before transferring to a cooling rack.
- ☐ Serve and enjoy.

Nutrition Facts



Properties

Glycemic Index:8.73, Glycemic Load:7.41, Inflammation Score:-1, Nutrition Score:2.2873912952516%

Flavonoids

Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg

Nutrients (% of daily need)

Calories: 150.79kcal (7.54%), Fat: 4.36g (6.71%), Saturated Fat: 2.15g (13.45%), Carbohydrates: 27.89g (9.3%), Net Carbohydrates: 26.64g (9.69%), Sugar: 18.67g (20.74%), Cholesterol: 8.39mg (2.8%), Sodium: 127.8mg (5.56%), Alcohol: 0.06g (100%), Alcohol %: 0.17% (100%), Caffeine: 4.12mg (1.37%), Protein: 1.44g (2.88%), Manganese: 0.13mg (6.54%), Fiber: 1.25g (4.99%), Copper: 0.08mg (4.14%), Selenium: 2.83µg (4.05%), Iron: 0.69mg (3.85%), Vitamin B1: 0.05mg (3.42%), Folate: 13.3µg (3.32%), Magnesium: 12.54mg (3.14%), Phosphorus: 30.76mg (3.08%), Potassium: 106.14mg (3.03%), Vitamin B3: 0.57mg (2.87%), Vitamin B2: 0.04mg (2.63%), Zinc: 0.23mg (1.51%), Calcium: 14.65mg (1.46%), Vitamin B6: 0.03mg (1.38%), Vitamin B5: 0.12mg (1.19%)