



Triple-Chip Cookies

 Dairy Free

READY IN



40 min.

SERVINGS



30

CALORIES



145 kcal

DESSERT

Ingredients

- ☐ 17.5 oz chocolate chip cookie mix
- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 0.5 cup butterscotch chips
- ☐ 0.5 cup peppermint candies white

Equipment

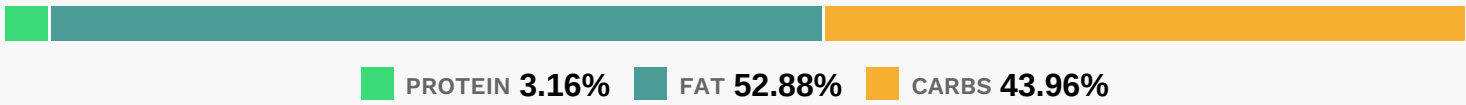
- ☐ bowl
- ☐ baking sheet

- ☐ oven
- ☐ wire rack

Directions

- ☐ Heat oven to 375°F. In large bowl, stir all ingredients until soft dough forms. Drop dough by rounded teaspoonfuls 2 inches apart onto ungreased cookie sheet.
- ☐ Bake 9 to 11 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheet to wire rack. Cool completely.

Nutrition Facts



Properties

Glycemic Index:1.62, Glycemic Load:5.22, Inflammation Score:-1, Nutrition Score:1.0539130553927%

Nutrients (% of daily need)

Calories: 144.97kcal (7.25%), Fat: 8.63g (13.27%), Saturated Fat: 3.49g (21.83%), Carbohydrates: 16.14g (5.38%), Net Carbohydrates: 15.68g (5.7%), Sugar: 9.88g (10.98%), Cholesterol: 7.03mg (2.34%), Sodium: 110.65mg (4.81%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.16g (2.32%), Vitamin B1: 0.06mg (3.73%), Folate: 11.81µg (2.95%), Vitamin A: 146.08IU (2.92%), Vitamin B2: 0.04mg (2.25%), Fiber: 0.46g (1.85%), Vitamin B3: 0.33mg (1.66%), Magnesium: 5.75mg (1.44%), Iron: 0.22mg (1.25%), Phosphorus: 11.91mg (1.19%)